

50 Cent Lovin

拍数: 48 墙数: 2 级数:
编舞者: Lizzie Clarke (SCO) & Pete Harkness (UK)
音乐: 50 Cent Lovin' - Sugarland



Sequence: Happy, Sad, Happy, Sad, Almost Happy, Sad, Big Finish

MAMBO STEP, BACK RIGHT LEFT, COASTER CROSS, SIDE ¼ TURN STEP

1&2-3-4 Rock forward on left & recover on right, step back on left, walk back right then left
5&6 Step back on right & step left beside right, cross step right over left
7&8 Rock left to side & ¼ turn to right stepping down on right, step forward on left

MAMBO STEP, BACK LEFT RIGHT, COASTER STEP, STEP ¼ PIVOT

1&2-3-4 Rock forward on right & recover on left, step back right, walk back left then right
5&6-7-8 Step back on left & step right beside left, step forward on left, step forward on right, ¼ turn to left

On the Sad Walls counts 7-8 of this section become counts 7&. Count 8 is replaced by the & count.

LEFT WEAVE, SIDE ROCK CROSS, RIGHT WEAVE

1&2&3 Cross right over left & step left to side, step right behind left & step left to side, cross right over left
4&5& Rock left to side & recover on right, cross left over right & step right to side
6&7-8 Step left behind right & step right to side, cross left over right, step right to side

On the Sad Walls you will only need to dance 6 counts in this section as follows:

1&2&3 Cross right over left & step left to side, step right behind left & step left to side, cross right over left
4&5-6 Rock left to side & recover on right, cross left over right, step right to side

¼ TURN HEEL HOOK, LOCK SHUFFLE, ROCK RECOVER ½ TURN, ¼ TURN STEP

1&2& ¼ turn left stepping back on left & step right beside left, dig left heel in front, hook left in front of right
3&4 Step forward on left & lock right behind left, step forward on left
5&6 Rock forward on right & recover on left, make ½ turn right stepping forward on right
7&8 Step forward on left & ¼ turn to right, step forward on left

On the Almost Happy Wall restart the dance at the end of this section, replace counts 7&8 with

7-8 Step forward on left, ¼ turn to right (weight on right) restart the dance from the beginning

TOE STRUTS, SIDE CHASSE, SYNCOPATED ROCKS WITH ¼ TURN

1-2-3&4 Cross strut right over left, left toe strut back, step right to side & step left beside right, step right to side
5&6& Cross rock left over right & recover on right, rock left to side & recover on right
7&8 Cross rock left over right & recover on right, on ball of right ¼ turn to right stepping back on left

BACK LOCK SHUFFLE, COASTER STEP, STEP PIVOT, CROSS ¼ TURN

1&2 Step back on right & lock left in front of right, step back on right
3&4 Step back on left & step right beside left, step forward on left
5-6 Step forward on right, ½ turn to left
7&8 Cross step right over left & make a ¼ turn to right stepping back on left, step right beside left

REPEAT

BIG FINISH

On the last Sad Wall the dance will finish facing 12:00 just as you are doing counts 7&8 of the last section. For a big finish, cross right over left & ¼ turn right stepping back on left, then throw both arms out to side as you stomp your right foot to the side.
