

Freedom

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Dougie D (UK)
音乐: Your Free - Altranate



RIGHT KICKBALL CHANGE, ROCK FORWARD, ROCK BACK, SHUFFLE ½ TURN LEFT

1&2 Kick right leg forward, step right beside left, step left in place
3-4 Rock forward on right, recover on left
5-6 Rock back on right, recover on left
7&8 Shuffle ½ turn left,: right, left, right

BACK ROCK, FORWARD SHUFFLE, ¼ TURN RIGHT, SAILOR STEP WITH ¼ TURN RIGHT

1-2 Rock back on left, recover on right
3&4 Shuffle forward, left, right, left
5-6 Step forward on right with ¼ turn right, step left beside right
7&8 Cross right behind left, step left beside right with ¼ turn right, step right in place

STEP FORWARD ON LEFT, HOLD, STEP RIGHT BEHIND LEFT, X2STEP FORWARD ON LEFT, STEP FORWARD ON RIGHT, SWIVEL ½ TURN LEFT

1-2& Step forward on left, hold for 1 count, step right behind left
3-4& Step forward on left, hold for 1 count, step right behind left
5-6 Step forward on left, step forward on right
7-8 Swivel ½ turn left on balls of both feet, tap right beside left

FORWARD SHUFFLE TWICE, STEP FORWARD, ½ TURN LEFT, SHUFFLE FORWARD

1&2 Shuffle forward right, left, right
3&4 Shuffle forward left right, left
5-6 Step forward on right, swivel ½turn left on balls of both feet
7&8 Shuffle forward, right, left, right.

SIDE ROCK, CROSS SHUFFLE TWICE

1-2 Rock left out to left side, recover on right
3&4 Cross shuffle to right; left, right, left
5-6 Rock right out to right side, recover on left
7&8 Cross shuffle to left; right, left, right

STEP LEFT WITH ¼ TURN RIGHT, FRONT KICK WITH SAILOR STEP, FRONT AND DIAGONAL KICKS WITH SAILOR STEP

1-2 Step left to left side with ¼ turn right, kick right leg forward
3&4 Cross right behind left, step left beside right, step right in place
5-6 Kick left leg forward, kick left leg diagonally forward
7&8 Cross left behind right, step right beside, left, step left in place

FORWARD SHUFFLE, SHUFFLE ½ TURN RIGHT, BACK ROCK, FULL TURN LEFT

1&2 Shuffle forward, right, left, right
3&4 Shuffle ½ turn right; left, right, left
5-6 Rock back on right, recover on left
7-8 Step forward on right with ½ turn left, step back on left with ½ turn left

FORWARD ROCK ON RIGHT, RIGHT COASTER STEP, FORWARD ROCK ON LEFT STEP BACK AND TAP

1-2 Rock forward on right, recover on left

3&4 Step back on right, step left beside right, step forward on right
5-6 Rock forward on left, recover on right
7-8 Step back on left, tap right beside left

REPEAT
