

# Free Spirit

**COPPERKNOB**  
STEPSHEETS

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Ms. Sam Warriner (CAN)  
音乐: Heads Carolina, Tails California - Jo Dee Messina



## OUT-OUT, CLAP, IN-IN CLAP (JAZZ JUMPS)

&1-2      Jump small step right on right foot; jump small step left on left foot; clap  
&3-4      Jump small step home on right foot; jump small step home on left foot; clap  
5-6      Step right foot to right side; cross-step left foot behind right  
7-8      Step right foot to right side; stomp left beside right

## VINE LEFT, STOMP

9-10      Step left foot to left side; cross-step right behind left  
11-12      Step left foot to left side; stomp right beside left  
13-14      Rock forward on right foot & clap; step left in place  
15-16      Rock back on right and clap; step left in place

## ½ TURN, TWO SHUFFLE FORWARD, KICK-BALL-CHANGE

17-18      Step right forward; pivot ½ turn to the left  
19&20      Shuffle forward stepping right, left, right  
21&22      Shuffle forward stepping left, right, left  
23&24      Kick right foot forward; step down on ball of right foot; step left foot beside right

## CROSS-UNWIND, KICK-BALL-CHANGE, CROSS-UNWIND, STOMP TWICE

25-26      Cross-step right over left; unwind ½ turn left  
27&28      Kick right foot forward; step down on ball of right foot; step left foot beside right foot  
29-30      Cross-step right over left; unwind ½ turn left  
31-32      Stomp right foot beside left; stomp left foot beside right

## REPEAT

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