

Free

拍数: 40 墙数: 4 级数: Intermediate
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音乐: Free - Billy Curtis



SIDE SHUFFLE, SAILOR, WEAVE, SWITCHES

1&2 Step right to right, step left to right, step right to right
3&4 Step left behind right, step right to right, step left to left
5&6 Step right behind left, step left to left, step right over left
7&8 Touch left toe to left, step left next to right, touch right toe to right

HEEL JACKS X 3 ½ PIVOT TURN

&9& Step back on right, step left over right, step diagonally back on right
10&11 Touch left heel diagonally forward, step back on left, step right over left
&12& Step diagonally back on left, touch right heel diagonally, step back on right
13&14 Step left over right, step diagonally back on right, touch left heel diagonally forward
&15-16 Step left next to right, step forward on right, pivot ½ turn left

ROCK STEP, COASTER, SHUFFLE, ROCK ROCK ½ TURN

17-18 Step forward on right, rock back on left
19&20 Step back on right, step left next to right, step forward on right
21&22 Shuffle forward on left, right, left
23&24 Step forward on right, rock back on left, make ½ turn right with right

½ TURN TWICE, SHUFFLE, ½ PIVOT TURN, SHUFFLE ¼ TURN

25-26 Step forward making a ½ turn right, step back on right making a 1/2 turn right
27&28 Shuffle forward on left, right, left
29-30 Step forward on right, pivot ½ turn left
31&32 Shuffle forward on right, left, right, on the last step make a ¼ turn right

TOUCH X 3, SAILOR CROSS UNWIND, SIDE TOGETHER

33&34 Touch left toe to left, touch next to right, touch left to left side
35&36 Step left behind right, step right to right, step left to left
37-38 Step right over left, unwind a full turn left
39-40 Step right to right side, step left next to right

REPEAT
