

Freaky....

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Rene Stathy
音乐: Freaky Friday - Aqua



When dancing to Aqua, start 8 counts after the singer says "My life is a country song"

POINT RIGHT, HITCH, POINT RIGHT, HALF TURN, POINT LEFT, HITCH, STEP TOGETHER, QUARTER TURN

- 1 Point right toe out to right side
- 2 Hitch right across in front of left knee
- 3 Point right toe out to right side
- 4 Bring right in and pivot half a turn right putting left beside and taking weight on right
- 5 Point left out to left side
- 6 Hitch left across right knee
- 7 Step left down so that feet are slightly apart
- 8 Pivot a quarter turn right with weight on left and lifting right toe

RIGHT SHUFFLE, STEP HALF TURN, LEFT SHUFFLE, FULL TURN

- 9&10 Shuffle forward - right, left, right
- 11 Step forward onto left
- 12 Pivot a half turn right moving weight onto right
- 13&14 Shuffle forward - left, right, left
- 15 Pivot a half turn left on left and step back onto right
- 16 Pivot a half turn left on right step forward on left

ROCK RIGHT, ROCK LEFT, CROSS SHUFFLE, ROCK LEFT, QUARTER TURN, FORWARD SHUFFLE

- 17 Rock out to right side
- 18 Rock back onto left
- 19&20 Shuffle across in front - right, left, right
- 21 Rock out to left side
- 22 Pivot a quarter right rocking weight back onto right
- 23&24 Shuffle forward - left, right, left

TOE STRUTS (TWICE), ROLL HIPS FOR 4

- 25 Strut forward onto right toe
- 26 Drop right heel
- 27 Strut forward onto left toe
- 28 Drop left heel
- 29 Step right up beside left and roll hips to right
- 30 Roll hips left
- 31 Roll hips right
- 32 Roll hips left

REPEAT
