Freaks Are Out

拍数: 32

级数: Beginner

编舞者: Sobrielo Philip Gene (SG)

音乐: Freaks Comes Out At Night (feat. Busta Rhymes) - Uncle Kracker

This song is dedicate to all the teachers and students of CHIJ Tao Payoh.

STEP DIAGONALLY FORWARD RIGHT, TOUCH, STEP DIAGONALLY FORWARD LEFT, TOUCH, STEP FORWARD RIGHT, LEFT, HEEL RAISED, WALK RIGHT, WALK LEFT, FORWARD MAMBO

- &1 Step right diagonally forward, touch left beside right
- &2 Step left diagonally forward, touch right beside left
- &3-4 Step right forward, step left beside right, raised both heels up and down(weight on left)
- 5-6 Walk right, walk left
- 7&8 Rock forward on right, recover weight onto left foot, step right foot beside left

STEP BACK POINT, ¼ TURN RIGHT, HEEL BOUNCE, WEAVE TO THE LEFT

- Step back left and point right behind, turn 1/4 turn right stepping right down to right &1-2
- 3-4 Bounce both heel twice (weight on left)
- 5&6 Cross right back of left, step left to left, cross right over left
- &7 Step left to left, cross right back of left
- Step left to left, cross right over left &8

SIDE ROCK CROSS, AND CROSS, ¼ TURN LEFT, ROCK BACK KICK, SCUFF TOUCH

- 1&2 Rock left to left, replace weight back to right, cross left over right
- &3-4 Step right to right, cross left over right, making 1/4 turn left step right back
- 5&6 Rock left back, replace weight onto right, kick left forward
- &7-8 Step left beside right, scuff right forward, touch right beside left

STEP BACK X4, RIGHT SAILOR, LEFT SAILOR ¼ LEFT

- Step right back then left &1
- &2 Step right back then left
- &3 Step right back then left
- &4 Step right back then left
- 5&6 Cross right behind left, step left next to right, step to right
- 7&8 Cross left behind right, step right next to left making 1/4 turn right, step forward on left

REPEAT





墙数:4