

# Freak You Out

**COPPER** KNOB  
STEPSHEETS

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Camilla Brunfeldt (SWE) & Elin Leckstrom Schmidt (SWE)  
音乐: Freak You Out - Kinnda



## HOLD, STEP, SHUFFLE FORWARD, KICK BALL TOUCH, HEEL SWIVELS TURN ½ RIGHT

Start with your head down, facing the floor

- 1            Hold, raise your head
- 2            Left foot step forward
- 3&4        Right foot shuffle forward (right, left, right)
- 5            Left foot kick forward
- &            Left foot step next to left
- 6            Right foot touch back
- 7            Swivel heels left
- &            Swivel heels right
- 8            Swivel heels left and turn ¼ right

## STEP APART, HIP BUMPS, SAILOR STEP, SAILOR TURN ¼ LEFT

- 9            Right foot step to side
- 10          Left foot step to side (2nd pos.)
- 11          Bump hip right
- 12          Bump hip left
- 13          Right foot cross behind left
- &            Left foot step to side
- 14          Right foot step to side
- 15          Left foot cross behind left
- &            Right foot step to side
- 16          Left foot turn ¼ left and step to side

## ½ TURNS TRAVELING BACK, COASTER STEP, WEAVE LEFT

- 17          Right foot turn ½ and step forward
- 18          Left foot turn ½ and step back
- 19          Right foot step back
- &            Left foot step together
- 20          Right foot step forward
- 21          Left foot step to side
- &            Right foot cross behind left
- 22          Left foot step to side
- &            Right foot cross in front of left
- 23          Left foot step to side
- &            Right foot cross behind left
- 24          Left foot step to side

## STEP FORWARD AND SWAY BODY RIGHT, LEFT, KICK & POINT LEFT & POINT RIGHT HITCH, POINT RIGHT

- 25-26        Right foot step forward while making a wavelike motion starting from your right shoulder
- 27-28        Left foot step forward while making a wavelike motion starting from your left shoulder
- 29            Right foot kick forward
- &            Right foot step next to left
- 30            Left foot touch to side
- &            Left foot step next to right

- 31 Right foot touch to side
- & Right foot hitch right knee
- 32 Right foot touch to side

**1 ½ TURN RIGHT, KICK, SIT & RISE**

- 33 Right foot ¼ turn right and step forward right
- 34 Left foot ½ turn right and step back left
- 35 Right foot ½ turn right and step forward right
- 36 Left foot ¼ turn right and step left to side
- 37 Right foot kick forward
- & Right foot step next to left
- 38 Left foot touch forward
- & Contract chest slightly (shoulders forward)
- 39 Bend knees, arch chest (shoulders and buttock back)
- & Contract chest slightly, straightening knees (shoulders forward)
- 40 Legs straight, arch chest (shoulders and buttock back)
- & Left foot step next to right

**STEP TURN ¼ LEFT, MOVE DOWN LEFT, RIGHT, SWAY UP**

- 41 Right foot step forward
- 42 Left foot turn ¼ left
- 43 Bend knees, lean forward and move upper body left (hands on knees)
- 44 Knees bent, leaning forward, move upper body right (hands on knees)
- 45-48 Straighten body while making a "snake-like" swaying motion (left, right, left, right)

**End with your head down**

**REPEAT**

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