

# Frantik (The Memphis Mover)

**COPPER** **KNOB**  
STEPSHEETS

拍数: 48      墙数: 4      级数: Intermediate/Advanced  
编舞者: William Sevone (UK)  
音乐: You Don't Have To Go To Memphis - Lee Kernaghan



## 2X TOE TOUCH, SIDE STEP, ½ RIGHT, 2X TOE TOUCH

1-2      Touch right toe out to right side, touch right toe next to left foot,  
3      Step right foot out to right side  
4      Turn ½ right on ball of right foot & touch left toe to left side  
5      Touch left toe next to right foot

## 2X TOE TOUCH, SIDE STEP, ½ LEFT, 2X TOE TOUCH

6-7      Touch left toe out to left side, touch right toe next to left foot  
8      Step left foot to side  
9      Turn ½ left on ball of left foot & touching right foot to right side  
10      Touch right toe next to left foot

## 2X SIDE STEP-SHIMMY-STEP TOGETHER, 2X ¼ TURNS-TOUCH

11      Step right foot to side- bending knees and shimmy shoulders at the same time  
12      Step right foot back next to left  
13      Step left foot to side-bending knees and shimmy shoulders at the same time  
14      Step left foot back next to right  
15-16      Turn ¼ left & touch right foot to right side, turn ¼ right & touch right toe to place

## 2X ¼ TURNS-TOUCH, FORWARD ONE AND A HALF TURNS LEFT, SHUFFLE FORWARD

17-18      Turn ¼ left & touch right foot to right side, turn ¼ right & touch right foot to place  
19-22      Stepping forward - right, left, right, turn one and a half turns left, step left foot next to right

**Styling note: counts 15 - 18 turn body into direction of move**

23&24      Step forward onto right foot, step left foot next to right, step forward onto right foot

## SHUFFLE FORWARD, KICK BALL CHANGE, ROCK FORWARD, ROCK BACKWARD, SHUFFLE BACKWARD, ¼ LEFT

25&26      Step forward onto left foot, step right foot next to left, step forward onto left foot  
27&28      Kick right foot forward, step right foot back to place, step left foot in place  
29-30      Rock forward onto right foot, rock onto left foot  
31&32      Step back onto right foot, step left foot next to right, turning ¼ left step back onto right foot

## SHUFFLE Backward, ¼ LEFT, SHUFFLE Backward, Backward COASTER STEP, ROCK BACKWARD-FORWARD

33&34      Step back onto left foot, step right foot next to left, step back onto left foot  
35&36      Rock back onto right foot, rock forward onto left foot  
37&38      Step right foot forward, step left foot next to right, step back onto right foot  
39-40      Rock back onto left foot, rock forward onto right foot

## SHUFFLE FORWARD, ½ RIGHT MONTEREY TURN, SHUFFLE FORWARD, ½ RIGHT

41&42      Step forward onto left foot, step right foot next to right, step forward onto left foot  
43-44      Touch right foot to side, turning ½ right on ball of left foot-step right foot next to left  
45-46      Touch left foot to side, step left foot next to right  
47-48      Step forward onto left foot, step right foot next to left, turning ½ right step onto left foot

**REPEAT**

