

Frantik (The Memphis Mover)

COPPER **KNOB**
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate/Advanced
编舞者: William Sevone (UK)
音乐: You Don't Have To Go To Memphis - Lee Kernaghan



2X TOE TOUCH, SIDE STEP, ½ RIGHT, 2X TOE TOUCH

1-2 Touch right toe out to right side, touch right toe next to left foot,
3 Step right foot out to right side
4 Turn ½ right on ball of right foot & touch left toe to left side
5 Touch left toe next to right foot

2X TOE TOUCH, SIDE STEP, ½ LEFT, 2X TOE TOUCH

6-7 Touch left toe out to left side, touch right toe next to left foot
8 Step left foot to side
9 Turn ½ left on ball of left foot & touching right foot to right side
10 Touch right toe next to left foot

2X SIDE STEP-SHIMMY-STEP TOGETHER, 2X ¼ TURNS-TOUCH

11 Step right foot to side- bending knees and shimmy shoulders at the same time
12 Step right foot back next to left
13 Step left foot to side-bending knees and shimmy shoulders at the same time
14 Step left foot back next to right
15-16 Turn ¼ left & touch right foot to right side, turn ¼ right & touch right toe to place

2X ¼ TURNS-TOUCH, FORWARD ONE AND A HALF TURNS LEFT, SHUFFLE FORWARD

17-18 Turn ¼ left & touch right foot to right side, turn ¼ right & touch right foot to place
19-22 Stepping forward - right, left, right, turn one and a half turns left, step left foot next to right

Styling note: counts 15 - 18 turn body into direction of move

23&24 Step forward onto right foot, step left foot next to right, step forward onto right foot

SHUFFLE FORWARD, KICK BALL CHANGE, ROCK FORWARD, ROCK BACKWARD, SHUFFLE BACKWARD, ¼ LEFT

25&26 Step forward onto left foot, step right foot next to left, step forward onto left foot
27&28 Kick right foot forward, step right foot back to place, step left foot in place
29-30 Rock forward onto right foot, rock onto left foot
31&32 Step back onto right foot, step left foot next to right, turning ¼ left step back onto right foot

SHUFFLE Backward, ¼ LEFT, SHUFFLE Backward, Backward COASTER STEP, ROCK BACKWARD-FORWARD

33&34 Step back onto left foot, step right foot next to left, step back onto left foot
35&36 Rock back onto right foot, rock forward onto left foot
37&38 Step right foot forward, step left foot next to right, step back onto right foot
39-40 Rock back onto left foot, rock forward onto right foot

SHUFFLE FORWARD, ½ RIGHT MONTEREY TURN, SHUFFLE FORWARD, ½ RIGHT

41&42 Step forward onto left foot, step right foot next to right, step forward onto left foot
43-44 Touch right foot to side, turning ½ right on ball of left foot-step right foot next to left
45-46 Touch left foot to side, step left foot next to right
47-48 Step forward onto left foot, step right foot next to left, turning ½ right step onto left foot

REPEAT

