

# 4 To 1 In Line

拍数: 40      墙数: 0      级数:  
编舞者: Helen A. Walker (UK)  
音乐: 4 to 1 in Atlanta - Tracy Byrd



## RIGHT HOOK, FORWARD, BACK, ¼ TURN

- 1-2      Right heel touch forward, hook right in front of left knee
- 3-4      Right foot step forward, left foot touch next to right
- 5-6      Left foot step back, right foot touch next to left
- 7-8      Right foot step forward and at the same time ¼ turn right, left foot touch next to right

## ¼ TURN, LEFT HOOK, FORWARD, BACK

- 9-10      Left foot step back and at the same time ¼ turn left, right foot touch next to left
- 11-12      Left heel touch forward, hook left in front of right knee
- 13-14      Left foot step forward, right foot touch next to left
- 15-16      Right foot step back, left foot touch next to right

## ¼ TURN, TOUCH, ¼ TURN, TOUCH, LEFT ROLLING GRAPEVINE, TOUCH

- 17-18      Left foot step forward and at the same time ¼ turn left, right foot touch next to left
- 19-20      Right foot step back and at the same time ¼ turn right, left foot touch next to right
- 21      Left foot step to the side and at the same time ¼ turn left
- 22      Right foot step next to left and at the same time ½ turn left
- 23-24      Left foot step behind right and at the same time ¼ turn left, right foot touch next to left

## WALK BACK, STEP, SLIDE, STEP, SLIDE

- 25-27      Walk back right, left, right
- &28      Left foot touch next to right, kick left foot forward
- 29-30      Left foot step diagonally forward to left, right foot slide up to left
- 31-32      Left foot step diagonally forward to left, right foot step next to left

## HEELSPLITS, CROSS, TURN, SYNCOPATED JUMPS

- 33-34      Heels out, heels center
- 33-36      Heels out, heels center
- 37-38      Right foot cross in front of left, unwind ½ turn left
- &39      Right foot small jump to side followed by left foot small jump to side
- &40      Right foot small jump to center followed by left foot small jump next to right

## REPEAT

---