

440 (For Forty)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 0 级数:
编舞者: Dan Albro (USA)
音乐: Falsas Esperanzas - Christina Aguilera



Start after 32 count intro with body angled left

HEEL, HEEL, KICK, BALL, CROSS, TOUCH SIDE, HIP BUMPS, KICK

1-2-3& Tap left heel, tap left heel, kick left angle forward, step back on ball of left
4-5-6&7 Cross right over left, touch left side, bump hips left, right, left, while shifting weight to left
8 Kick right angle forward

TURN ¼ STEP, STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, BACK, CROSS, BACK, CROSS, TURN ¼ STEP, ½ TURN SWEEP

&1-2 Turn ¼ right (3:00) stepping side right, step side left, touch right toe next to left
&3&4 Step side right, touch left next to right, step side left, touch right next to left
&5&6 Step back on ball of right, cross left over right, step back on ball of right, cross left over right
7-8 Turn ¼ right (6:00) stepping forward right, turn ½ right (12:00) on ball of right sweeping left around

STEP, LOCK, STEP, STEP, PIVOT ½, TOUCH, HOLD, STEP, CROSS, ½ UNWIND

1-2&3 Step forward left, lock right behind left, step forward left, step forward right
&4& Pivot ½ left (6:00) on ball of right bring left foot to right knee, hold, touch left toe side
5-6&7-8 Hold, step left next to right, cross right over left, unwind ½ turn left (12:00) lifting right heel

TRIPLE HIPS FORWARD RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT, TOUCH, STEP, TOUCH, HOLD, STEP, TOUCH, SHIFT

1&2-3&4 Step forward right bumping hips right, left, right, step forward left bumping hips left, right, left
5&6-7 Touch right toe side, step right next to left, touch left toe side, hold
&8& Turn ¼ left (9:00) stepping left, touch right toe side, shift weight to right angling body left
Counts 1&2, 3&4: can be done as a right sailor shuffle, left sailor shuffle

REPEAT