

Four Diamonds Cha

拍数: 64 墙数: 2 级数: Beginner social cha
编舞者: Michael Seurer (USA)
音乐: I Just Want to Dance With You - George Strait



CHA-CHA BASIC

- 1 Step forward on right foot
- 2 Rock back onto left foot
- 3&4 Cha-cha-cha (right, left, right) in place
- 5 Step back on left foot
- 6 Rock forward onto right foot
- 7&8 Cha-cha-cha (left, right, left) in place

CROSS ROCKS, CHA-CHA-CHA

- 9 Cross right foot in front of left and step
- 10 Rock back onto left foot
- 11&12 Cha-cha-cha (right, left, right) in place
- 13 Cross left foot in front of right and step
- 14 Rock back onto right foot
- 15&16 Cha-cha-cha (left, right, left) in place

FORWARD SHUFFLES

- 17&18 Forward shuffle (right, left, right)
- 19&20 Forward shuffle (left, right, left)
- 21&22 Forward shuffle (right, left, right)
- 23&24 Forward shuffle (left, right, left)

TO THE LEFT MILITARY PIVOT, STOMPS, HIP BUMPS

- 25 Step forward on right foot while making a ½ turn to the left
- 26 Shift weight to left foot
- 27 Stomp right foot next to left
- 28 Stomp left foot next right
- 29-30 Bump hips right twice
- 31-32 Bump hips left twice

TOE TOUCHES, CHA-CHA-CHA (DIAMOND STEP)

- 33 Touch right toes forward
- 34 Touch right toes to the right
- 35&36 Cha-cha-cha (right, left, right) in place
- 37 Touch left toes forward
- 38 Touch left toes to the left
- 39&40 Cha-cha-cha (left, right, left) in place
- 41 Touch right toes to the right
- 42 Touch right toes back
- 43&44 Cha-cha-cha (right, left, right) in place
- 45 Touch left toes to the left
- 46 Touch left toes back
- 47&48 Cha-cha-cha (left, right, left) in place

ROCK STEPS, TURNING CHA-CHA-CHA, ROCK STEPS, CHA-CHA-CHA

- 49 Step forward on right foot

50 Rock back onto left foot
51&52 Cha-cha-cha back (right, left, right) while making a ½ turn to the right
53 Step forward on left foot
54 Rock back onto right foot
55&56 Cha-cha-cha (left, right, left)

ROCK STEPS, CHA-CHA-CHA, ROCK STEPS, TURNING CHA-CHA-CHA

57 Step back on right foot
58 Rock forward onto left foot
59&60 Cha-cha-cha (right, left, right) in place
61 Step forward on left foot
62 Rock back onto right foot
63&64 Cha-cha-cha back (left, right, left) while making a ½ turn to the left

REPEAT
