

Forsaken City

COPPERKNOB
STEPSHEETS

拍数: 0 墙数: 2 级数: Intermediate
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音乐: Te Dejo Madrid - Shakira



Sequence: A, B, A, B, Tag, B, B, B

PART A

FORWARD, LOCK, FORWARD SHUFFLE, STEP ¼ TURN, SIDE SHUFFLE

1-2 Step forward on right, lock step left behind right,
3&4 Step forward on right, step left beside right, step forward on right
5-6 Step forward on left, ¾ turn over right
7&8 Step left to left side, step right beside left, step left to left side

BUMP HIPS RIGHT, LEFT, RIGHT, RIGHT, SIDE, TOGETHER, SIDE SHUFFLE

1-2 Bump hips right, left
3&4 Bump hips twice to the right
5-6 Step left to left side, step right beside left
7&8 Step left to left side, step right beside left, step left to left side

CROSS ROCK, ¼ SHUFFLE, FORWARD ROCK, COASTER CROSS

1-2 Cross rock right over left, recover weight onto left
3&4 Step right to side with ¼ turn right, step left beside right, step forward on right
5-6 Rock forward on left, rock back on right
7&8 Step back on left, step right beside left, cross step left over right

SIDE ROCK, SAILOR ½ TURN, SIDE, CROSS, SIDE ROCK, CROSS

1-2 Rock right to right side, recover weight onto left
3&4 Cross right behind left, step left in place as you make ½ turn right, step slightly forward on right
5-6 Step left to left side, cross right over left
7&8 Rock left to left side, recover weight onto right, cross step left over right

SIDE, BEHIND, STEP, HEEL, STEP, CROSS, SIDE CHASSE, BEHIND, SIDE, CROSS

1-2 Step right to right side, cross left behind right
&3&4 Step right to right side, touch left heel diagonally forward left, step left back to place, cross right over left
5&6 Step left to left side, step right beside left, step left to left side
7&8 Cross right behind left, step left to left side, cross step right over left

SIDE, BEHIND, STEP, HEEL, STEP, CROSS, SIDE CHASSE, BEHIND, SIDE, CROSS

1-2 Step left to left side, cross right behind left
&3&4 Step left to left side, touch right heel diagonally forward right, step right back to place, cross left over right
5&6 Step right to right side, step left beside right, step right to right side
7&8 Cross left behind right, step right to right side, cross step left over right

SIDE ROCK, TRIPLE ½ LEFT, SIDE ROCK, TRIPLE ½ RIGHT

1-2 Step right to right side, rock weight onto left
3&4 Triple step in place making ½ turn left on right-left-right
5-6 Step left to left side, rock weight onto right
7&8 Triple step in place making ½ turn right on left-right-left

SWAY HIPS RIGHT, LEFT, RIGHT, LEFT

- 1-2 Step right to right side swaying hips right, recover onto left swaying hips left
3-4 Replace weight on right swaying hips right, recover onto left swaying hips left

PART B

CROSS ROCK, SIDE ROCK, CROSS ROCK, SIDE SHUFFLE

- 1-2 Cross rock right over left, recover weight on left
3-4 Rock right to right side, recover weight on left
5-6 Cross rock right over left, recover weight on left
7&8 Step right to right side, step left beside right, step right to right side

Hand action

- 1-2 Left hand stretch up, right hand stretch across the chest
3-4 Left hand stretch forward, right hand stretch out to side
5-6 Left hand stretch up, right hand stretch across the chest
7-8 Left hand stretch forward, right hand stretch out to side

STEP ½ TURN, WALK TWICE, STEP ½ SPIN, FORWARD SHUFFLE

- 1-2 Step forward on left, pivot ½ turn on right
3-4 Step forward on left, step forward on right
5-6 Step forward on left, spin ½ turn left hitching up right knee
7&8 Step forward on right, step left beside right, step forward on right

CROSS ROCK, SIDE ROCK, CROSS ROCK, SIDE SHUFFLE

- 1-2 Cross rock left over right, recover weight on right
3-4 Rock left to left side, recover weight on right
5-6 Cross rock left over right, recover weight on right
7&8 Step left to left side, step right beside left, step left to left side

Hand action

- 1-2 Right hand stretch up, left hand stretch across the chest
3-4 Right hand stretch forward, left hand stretch out to side
5-6 Right hand stretch up, left hand stretch across the chest
7-8 Right hand stretch forward, left hand stretch out to side

STEP ½ TURN, WALK TWICE, STEP ½ SPIN, FORWARD SHUFFLE

- 1-2 Step forward on right, pivot ½ turn on left
3-4 Step forward on right, step forward on left
5-6 Step forward on right, spin ½ turn right hitching up left knee
7&8 Step forward on left, step right beside left, step forward on left

SIDE, BEHIND, STEP, HEEL, STEP, CROSS, SIDE, BEHIND, STEP, HEEL, STEP, CROSS

- 1-2 Step right to right side, cross left behind right
&3&4 Step right to right side, touch left heel diagonally forward left, step left back to place, cross right over left
5-6 Step left to left side, cross right behind left
&7&8 Step left to left side, touch right heel diagonally forward right, step right back to place, cross left over right

½ MONTEREY TURN, SIDE ROCK, CROSS, ½ MONTEREY TURN, SIDE ROCK, STEP

- 1-2 Touch right toe to right, on ball of left make ½ turn right, stepping right beside left
3&4 Rock left to left side, recover weight onto right, cross step left over right
5-6 Touch right toe to right, on ball of left make ½ turn right, stepping right beside left
7&8 Rock left to left side, recover weight onto right, step left beside right

REPEAT

TAG

SWAY HIPS RIGHT, LEFT, SIT, BUMP HIPS FORWARD, BACK, FORWARD, BACK, GRIND

- 1-2 Step right to right side swaying hips right
 - 3-4 Recover onto left swaying hips left, drop to sit position
 - 5&6& Bump hips forward, back, forward, back
 - 7-8 Grind hips to the left over 2 count, weight on left
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