

The Forgetter

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 1 级数: Intermediate
编舞者: George Thompson (UK)
音乐: The Forgetter - Plain Loco



RIGHT FANS TWICE, TRAVELING SWIVELS

1-4 Fan right toes to right, replace, repeat
5-8 Travel left heels, toes, heels, toes

RIGHT KICK BALL CHANGE TWICE, SWITCH STEPS & CLAP

9-12 Kick right foot forward, bring ball of right foot to floor, immediately transfer weight to left foot, repeat
13&14 Tap right heel forward, replace and tap left heel forward
&15-16 Replace left foot and tap right heel forward, and clap hands

SIDE STEPS WITH SHIMMIES

17-20 Take a long step to the right, slide left foot to right, shimmying shoulders (2 counts) clap on fourth
20-24 Repeat

SIDE STEPS

25-28 Step to left side slide right foot beside left, step to left side slide right foot beside left keep weight on left

STEP HITCHES AND SCOOTs

29-32 Step forward on right, hitch left, step back on left, touch right toes back
33-36 Step forward on right, hitch left and scoot forward on right twice

STEP TOUCH, TURN TOUCH

37-38 Step down on left, touch right beside left
39-40 Step back on right making a ½ turn to the right, touch left by right

LEFT GRAPEVINE, MONTEREY TURN

41-44 Step to left on left foot, cross right behind left, step left on left touch right by left
45-48 Touch right to the side, spin ½ a turn backwards on left at the same time bring right beside left taking weight, touch left to side and replace.

LEFT GRAPEVINE, MONTEREY TURN

49-56 Repeat last eight counts, finish with weight on left

JAZZ BOX TWICE WITH ¼ TURNS

57-60 Cross right over left, step back on left turn a ¼ turn right on right step left by right
60-64 Repeat last four counts

REPEAT