

# Forget The World

**COPPER KNOB**  
BY STEPHEN METZ

拍数: 32      墙数: 4      级数: Improver  
编舞者: JesSammy  
音乐: Chasing Cars - Snow Patrol



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## **SIDE, ROCK, CROSS, SIDE, POINT, UNWIND, STEP POINT**

1-2      Step right to right side, recover weight back onto left  
3-4      Cross right over left, step left to left side  
5-6      Point right behind left, unwind  $\frac{1}{2}$  a turn, putting weight onto right foot  
7-8      Step forward on left, point right to right side

## **SIDE, ROCK, CROSS, SIDE, POINT, UNWIND, STEP POINT**

1-2      Step right to right side, recover weight back onto left  
3-4      Cross right over left, step left to left side  
5-6      Point right behind left, unwind  $\frac{1}{2}$  a turn, putting weight onto right foot  
7-8      Step forward on left, point right to right side

## **STEP, SWEEP, STEP, SWEEP, CROSS, BACK, TURN, CROSS**

1-2      Step forward on right, sweep your left foot forward  
3-4      Step forward on left, sweep your right foot forward  
5-6      Cross right over left, step back on left  
7-8      Making a  $\frac{1}{4}$  turn right stepping right to right side, cross left over right

## **SIDE, BEHIND, $\frac{1}{4}$ SIDE, STEP, PIVOT $\frac{1}{2}$ , STEP, $\frac{1}{2}$ TURN BACK, $\frac{1}{4}$ TURN**

1-2      Step right to right side, cross left behind right  
3-4      Making a  $\frac{1}{4}$  turn right step right forward, step left forward  
5-6      Pivot half turn over right, step forward on left  
7-8      Making a half turn left step back on right, making  $\frac{1}{4}$  turn left step left to left side

**REPEAT**

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