

# Forget Me Not!

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Kim Ray (UK)  
音乐: Forget-Me-Not - Gary Perkins & The Breeze



## SIDE, KICK, SHUFFLE BACK, ROCK STEP, SHUFFLE FORWARD

1-2            Step left to left side, kick right to right diagonal  
3&4           Shuffle back, right, left, right  
5-6           Rock back on left, recover onto right  
7&8           Shuffle forward, left, right, left

## ¼ PIVOT TURN, CROSS ROCK, ¾ STEP TURN, STEP FORWARD

9-10           Step forward on right, ¼ pivot turn left (weight on left)  
11-12          Cross rock right over left, recover back onto left  
13-14          ¼ turn right stepping on right, ¼ right stepping onto left  
15-16          ¼ turn right stepping on right, step forward onto left

**Optional: 13-15 rock alternate shoulders on each step**

## SHUFFLE FORWARD, ROCK STEP, TOUCH TURN, FULL SPIN

17&18          Right shuffle forward, right, left, right  
19-20          Rock forward on left, recover back onto right  
21-22          Touch left toe back, ½ turn left stepping down on left  
23-24          Full spin left stepping right, left

## ¼ TURN TOUCH STEP, STEP BACK, HEEL TAP, STEP TURN, TRIPLE TURN

25-26          ¼ turn left and touch right toe in place, step down on right  
27-28          Step back on left (leaning slightly back/facing left diagonal), tap right heel forward

**Alternative: kick right forward**

29-30          Step on right (slightly forward & across of left) starting to turn right, step back on left (completing ½ turn right)  
31-32          Triple step, right, left, right making ½ turn right (steps 29-32 moving to left)

## REPEAT

## TAG

After wall 10, after instrumental finishes (you will be facing back wall). Start dance again from back wall a further four times. Dance tag (facing back wall) once, then first 8 counts of tag again.

## SIDE STEPS & HOLDS, SIDE ROCK, SAILOR CROSS

1-2&           Step left to left side, hold, step right next to left  
3-4&           Step left to left side, hold, step right next to left  
5-6            Rock left to left side, recover onto right  
7&8            Cross left behind right, step right to right side, cross left in front of right  
9-16           Repeat tag 1-8 leading with right

## FINISH

For a nice finish, unwind ½ turn right (to face front) arms up