

Forever Mine

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Intermediate nightclub
编舞者: Steve Mason (UK) & Claire Ball (UK)
音乐: Forever Mine - Hal Ketchum



SIDE, CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, ¼ RIGHT FORWARD, ½ PIVOT, ½ TURN, COASTER STEP

- 1 Long step right foot to right side
- 2& Cross rock step left foot over right foot, recover weight to right foot
- 3 Long step left foot to left side
- 4& Cross step left foot over right foot, recover weight to right foot
- 5 Turn ¼ right stepping forward onto right foot
- 6& Step forward on left foot, pivot ½ turn right
- 7 ½ turn right stepping back on left foot
- 8&1 Step back on right foot, step left foot next to right foot, step forward on right foot

WALK, FORWARD ROCK, RECOVER, ¼ TURN RIGHT, CROSS, ¼ TURN, ¼ TURN, CROSS ROCK, RECOVER

- 2 Step forward on left foot
- 3& Rock step forward on right foot, recover weight to left foot
- 4 ¼ turn right stepping right foot to right side
- 5 Cross step left foot over right foot
- &6 ¼ turn left stepping back on to right foot, ¼ turn left stepping left foot to left side
- 7-8 Cross rock right foot over left foot using swaying hip motion, recover weight to left foot

SWAY, SWAY, SIDE, TOGETHER, SIDE, BALL CROSS, WEAVE, SWEEP, WEAVE

- 1-2 Step right foot to right side swaying hips right, sway hips left
- 3&4 Step right foot to right side, step left foot next to right, step right foot to right side
- &5 Step left foot next to right foot, cross step right foot over left
- &6 Step left foot to left side, cross step right foot behind left
- &7 Sweep left foot round left side, cross step left foot behind right foot
- &8 Step right foot to right side, cross step left foot over right

SIDE ROCK, RECOVER, ¼ TURN SAILOR STEP, BALL FORWARD, ROCK, RECOVER, ¼ TURN, SIDE SHUFFLE, TOGETHER

- 1-2 Rock step right foot to right side, recover weight to left foot (using hip swaying motion)
- 3&4 Making a ¼ turn right cross step right foot behind left foot, step left foot to left side, recover weight to right foot
- &5-6 Step slightly forward onto left foot, rock forward onto right foot, recover weight to left foot
- &7&8 Make ¼ turn right, step right foot to right side, close left foot to right foot, step right foot to right side
- & Step left foot next to right foot

REPEAT

TAG

At the end of first wall dance up to count 32, don't do the and count (i.e. 32&), then add in 2 extra counts

- 1-2 Sway step left foot to left side, sway step right foot to right side
- & Step left foot next to right foot

Then start again