# Forever Charleston



拍数: 32 墙数: 4 级数: Intermediate

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音乐: Tie A Yellow Ribbon - The Drifters



## **CHARLESTON BASIC**

Tap right foot forward 1 2 Step right foot back 3 Tap left foot back 4 Step left foot forward

5-8 Repeat 1-4

#### TAP TWICE, CROSS STEPS TO LEFT, TAP TWICE, CROSS STEPS 1/4 RIGHT

1 Tap right foot forward 2 Tap right foot side

3 Cross right foot behind left foot

& Step left foot to left

4 Cross right foot over left foot

5 Tap left foot forward 6 Tap left foot side

7 Cross left foot behind right foot

& Step right foot 1/4 right Step left foot forward 8

#### SHIMMY RIGHT, SHOULDER LIFT, SHIMMY LEFT, SHOULDER LIFT

1 Step right foot to right, shimmy 2 Cross left foot over, shimmy 3 Step right foot to right, shimmy

& Tap left foot in place, lift left shoulder up, right shoulder down

4 Lower left shoulder, right shoulder up

5 Step left foot to left, shimmy 6 Cross right foot over, shimmy 7 Step left foot to left, shimmy

Tap right foot in place, lift right shoulder up, left shoulder down &

8 Lower right shoulder, left shoulder up

### RIGHT AND LEFT ANKLE TAPS, HAND SWITCHES OVER KNEES

1& 2&	Stand with both feet together, lift right leg, tap outer ankle with right hand, put right leg down Repeat 1&
3&	Lift left leg, tap outer ankle with left hand, put left leg down
4&	Repeat 3&
5	Stand with feet apart, bend both knees, right hand over right knee and left hand over left knee
&	Bring both knees together, switch hands over knees

6 With right hand over left knee and left hand over right knee, open both knees

Bring both knees together, switch hands over knees &

7 With right hand over right knee and left hand over left knee, open both knees

& Bring both knees together, switch hands over knees

8 With right hand over left knee and left hand over right knee, open both knees

#### **REPEAT**

