

Forever Blue (P)

拍数: 48 墙数: 0 级数: Partner
编舞者: Tina Lincoln (UK)
音乐: No Time At All - Merv & Maria



Position: Dance starts in the Sweetheart position. Both on same footwork unless noted

1&2 Right shuffle (right step forward, left step together, right step forward)

3&4 Left shuffle (left step forward, right step together, left step forward)

Dropping right hands and lifting left hands

5-6 Step right foot forward make $\frac{1}{4}$ turn to the left

7-8 Step right foot forward make $\frac{1}{4}$ turn to the left

Pick up right hands under left arms

9&10 Right shuffle (right step forward, left step together, right step forward)

11&12 Left shuffle (left step forward, right step together, left step forward)

Raise both arms going back into sweetheart position by the end of the $\frac{1}{2}$ turn

13-14 Right step forward make $\frac{1}{4}$ turn to the left

15-16 Right step forward make $\frac{1}{4}$ turn to the left

17-18 Cross right foot in front of left, rock back onto left foot

19&20 Making a $\frac{1}{2}$ turn to the right, shuffle right, left right

21-22 Cross left foot in front of right foot, rock back onto right foot

23&24 Making a $\frac{1}{2}$ turn to the left, shuffle left, right, left

25&26 Right kick ball change: kick the right foot forward, step down onto ball of right foot, step weight on left

27&28 Right kick ball change: kick the right foot forward, step down onto ball of right foot, step weight on left

29-30 Step right forward and slide left foot up to right

31-32 Step right forward and touch left beside right

GRAPEVINE, DROP HAND

33-36 **MAN:** Step left foot to left, step right behind, step left foot to left, touch right beside left

LADY: Step left to left side making a $\frac{1}{4}$ turn left, make a $\frac{1}{2}$ turn stepping onto the right foot, make a $\frac{1}{4}$ turn onto left foot (full turn left), touch right foot beside left

37-40 **MAN:** Step right foot to right, step left foot behind, step right foot to right, touch left beside right

LADY: Step right foot to right side making $\frac{1}{4}$ turn to right, make a $\frac{1}{2}$ turn stepping onto the left foot, make a $\frac{1}{4}$ turn onto right foot (full turn right) touch left foot beside right

41&42 Left kick ball change: kick left foot forward, step down on ball of left foot, step weight onto right

43&44 Left kick ball change: kick left foot forward, step down on ball of left foot, step weight onto right foot

45-46 Step left foot forward, slide right foot up to it

47-48 Step left foot forward, touch right beside left

REPEAT