

Forever & For Always

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Lawrence Morrison (UK) & Margaret Dunn (UK)
音乐: Forever and for Always - Shania Twain



RIGHT STEP SLIDE, RIGHT CHASSE, ROCK FORWARD & BACK, LEFT KICK BALL CROSS

1-2 Step right & slide left next to right
3&4 Step right, step left next to right, step right
5-6 Rock forward on left, rock back on right
7&8 Kick left foot forward & cross right over left

LEFT STEP SLIDE, LEFT CHASSE, RIGHT SAILOR, ¼ TURN LEFT SAILOR

9-10 Step left & slide right next to left
11&12 Step left, step right next to left. Step left
13-14 Step right behind left, step left to left, step right to right side
15&16 Step left behind right making a ¼ turn left, step right to right, step left to left

WALK, WALK, RIGHT SHUFFLE, STEP PIVOT KICK, RIGHT COASTER STEP

17-18 Walk forward right, walk forward left
19&20 Step right foot forward step left next to right, step right foot forward
21-22 Step forward left, pivot ½ turn right kick right foot forward
23&24 Step back right, step back left, step forward right

SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK BEHIND SIDE TOUCH

25-26 Rock left to left side, rock back onto right
27-28 Step left behind right, step right-to-right side, step left across right
29-30 Rock right-to-right side, rock back onto left
31-32 Step right behind left, step left to left side, touch right next to left

REPEAT
