

# Forever And Ever

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 4      级数: Improver  
编舞者: Benny Ray (DK)  
音乐: Forever and Ever, Amen - Randy Travis



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## WALK RIGHT, WALK LEFT, STEP ½ TURN, STEP RIGHT

1-4            Walk forward right, hold, walk forward left, hold  
5-8            Step forward on right, pivot ½ turn left, step forward on right. Hold

## ROCK STEP LEFT, COASTER STEP LEFT

9-12           Rock forward on left, hold, recover on right, hold  
13-16          Step back on left, step right beside left, step forward on left, hold

## WALK RIGHT, WALK LEFT, STEP ½ TURN, STEP RIGHT

17-20          Walk forward right, hold, walk forward left, hold  
21-24          Step forward on right, pivot ½ turn left, step forward on right. Hold

## ROCK STEP LEFT, COASTER STEP LEFT

25-28          Rock forward on left, hold, recover on right, hold  
29-32          Step back on left, step right beside left, step forward on left, hold

**Restart at this point on the 5th wall**

## DIAGONAL RIGHT STEP, LOCK, STEP LOCK STEP

33-36          Step diagonally forward right, hold, lock left behind right, hold  
37-40          Step diagonally forward right, lock left behind right, step diagonally forward right, hold

## DIAGONAL LEFT STEP, LOCK, STEP LOCK STEP

41-44          Step diagonally forward left, hold, lock right behind left, hold  
45-48          Step diagonally forward left, lock right behind left, step diagonally forward left, hold

## ROCK STEP RIGHT, ½ SAILOR TURN, ROCK STEP LEFT, ¼ SAILOR TURN

49-52          Rock forward on right, hold, recover on left, hold  
53-56          Cross (sweep) right behind left making ¼ turn right, step left next to right, turn ¼ right  
stepping forward on right, hold  
57-60          Rock forward on left, hold, recover on right, hold  
61-64          Cross (sweep) left behind right making ¼ turn left, step right next to left, stepping forward on  
left, hold

**REPEAT**

**RESTART**

**Restart the dance on the 5th wall after count 32**

**This dance was written for my bride Lykke on our one year wedding anniversary, January 5th 2005**

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