

Forever Always

COPPER KNOB
STEPSHETS

拍数: 28 墙数: 4 级数: Improver
编舞者: Karen Hadley (UK)
音乐: Forever and for Always - Shania Twain



Red & Green CDs. Count Intro after main beat, starting on line main vocals "In Your Arms".

STEP, LEFT SHUFFLE FORWARD, FORWARD ROCK, COASTER STEP, BALL STEP

1 Step forward on right
2&3 Step forward on left, step right beside left, step forward on left
4-5 Rock forward on right, rock back onto left
6&7 Step back on right, step left beside right, step forward on right
&8 Step ball of left beside right, step forward on right

FORWARD ROCK, ¾ TRIPLE TURN, SIDE, BEHIND, BALL-CROSS, SIDE

1-2 Rock forward on left, rock back onto right
3&4 Triple ¾ turn left, stepping - left, right, left (3:00)
5-6 Step right to right side, cross step left behind right
&7 Step ball of right to right side slightly back, cross step left over right
8 Step right to right side

BALL-CROSS, SIDE, COASTER STEP, STEP, PIVOT ½ TURN, ½ SHUFFLE TURN

&1 Step ball of left to left side slightly back, cross step right over left
2 Step left to left side
3&4 Step back on right, step left beside right, step forward on right
5-6 Step forward on left, pivot ½ turn right
7&8 Shuffle ½ turn right, stepping - left, right, left (3:00)

BACK ROCK, KICK BALL-STEP

1-2 Rock back on right, rock forward onto left
3&4 Kick right forward, step right beside left, step forward on left

REPEAT
