

# Forever Always

**COPPER** KNOB  
STEPSHETS

拍数: 28      墙数: 4      级数: Improver  
编舞者: Karen Hadley (UK)  
音乐: Forever and for Always - Shania Twain



Red & Green CDs. Count Intro after main beat, starting on line main vocals "In Your Arms".

## STEP, LEFT SHUFFLE FORWARD, FORWARD ROCK, COASTER STEP, BALL STEP

1                    Step forward on right  
2&3                Step forward on left, step right beside left, step forward on left  
4-5                Rock forward on right, rock back onto left  
6&7                Step back on right, step left beside right, step forward on right  
&8                 Step ball of left beside right, step forward on right

## FORWARD ROCK, ¾ TRIPLE TURN, SIDE, BEHIND, BALL-CROSS, SIDE

1-2                Rock forward on left, rock back onto right  
3&4                Triple ¾ turn left, stepping - left, right, left (3:00)  
5-6                Step right to right side, cross step left behind right  
&7                 Step ball of right to right side slightly back, cross step left over right  
8                    Step right to right side

## BALL-CROSS, SIDE, COASTER STEP, STEP, PIVOT ½ TURN, ½ SHUFFLE TURN

&1                 Step ball of left to left side slightly back, cross step right over left  
2                    Step left to left side  
3&4                Step back on right, step left beside right, step forward on right  
5-6                Step forward on left, pivot ½ turn right  
7&8                Shuffle ½ turn right, stepping - left, right, left (3:00)

## BACK ROCK, KICK BALL-STEP

1-2                Rock back on right, rock forward onto left  
3&4                Kick right forward, step right beside left, step forward on left

**REPEAT**

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