

# For The Moment

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Karen Hadley (UK)  
音乐: Cover You In Kisses - John Michael Montgomery



## SYNCOPATED JAZZ BOX, BACK ROCK, CHASSE LEFT

1-2      Cross step right over left, step back on left  
&3-4      Step right to right side, cross step left over right, step right to right side  
5-6      Cross rock left behind right, rock forward on right in place  
7&8      Step left to left side, step right beside left, step left to left side

## CROSS, SIDE, SAILOR STEP, CROSS, ¼ TURN LEFT, ¼ TURN CHASSE LEFT

1-2      Cross step right over left, step left to left side  
3&4      Cross step right behind left, step left to left side, step right in place  
5-6      Cross step left over right, turning ¼ turn left step back on right  
7&8      Turning ¼ turn left step left to left side, step right beside left, step left to left side, (6:00)

## SYNCOPATED JAZZ BOX, BACK ROCK, CHASSE LEFT

1-2      Cross step right over left, step back on left  
&3-4      Step right to right side, cross step left over right, step right to right side  
5-6      Cross rock left behind right, rock forward on right in place  
7&8      Step left to left side, step right beside left, step left to left side

## CROSS, SIDE, SAILOR ¼ TURN RIGHT, STEP, FULL TURN WITH HOOK, RIGHT SHUFFLE FORWARD

1-2      Cross step right over left, step left to left side  
3&4      Cross step right behind left, step left to left side, step right ¼ turn right  
5-6      Step forward on left, on ball of left pivot full turn right hooking right in front of left

### Easy alternative for steps 5-6:

5-6      Step forward on left, hold  
7&8      Step forward on right, step left beside right, step forward on right, (9:00)

## FORWARD ROCK, ¼ TURN CHASSE LEFT, CROSS, ¼ TURN RIGHT, ¼ TURN CHASSE RIGHT

1-2      Rock forward on left, rock back on right  
3&4      Turning ¼ turn left step left to left side, step right beside left, step left to left side  
5-6      Cross step right over left, turning ¼ turn right step back on left  
7&8      Turning ¼ turn right step right to right side, step left beside right, step right to right side, (12:00)

## CROSS, BACK, CHASSE ¼ TURN LEFT, STEP, PIVOT ½ TURN LEFT, RIGHT SCISSOR STEP,

1-2      Cross step left over right, step back on right  
3&4      Step left to left side, step right beside left, step left ¼ turn left  
5-6      Step forward on right, pivot ½ turn left  
7&8      Step right to right side, step left beside right, cross step right over left, (3:00)

## SIDE ROCK, BEHIND, ¼ TURN RIGHT, STEP, PIVOT ½ TURN RIGHT, SHUFFLE ½ TURN RIGHT

1-2      Rock left to left side, rock onto right in place  
3&4      Cross step left behind right, step right ¼ turn right  
5-6      Step forward on left, pivot ½ turn right  
7&8      Shuffle ½ turn right, stepping: left, right, left, (6:00)

### Easy alternative for steps 5-8:

5      Rock forward on left  
6      Rock back on right

7&8 Shuffle back on left, stepping left, right, left

**BACK, ¼ TURN LEFT, CROSS ROCK, SIDE, DRAG TOUCH, CHASSE LEFT**

1-2 Step back on right, step back on left turning ¼ turn left  
3-4 Cross rock right over left, rock back on left in place  
5-6 Large step right to right side, slide left to touch beside right  
7&8 Step left to left side, step right beside left, step left to left side

**REPEAT**

**TAG**

At end of wall 2 (facing back)

**CROSS ROCK, CHASSE RIGHT, WEAVE RIGHT**

1-2 Cross rock right over left, rock back on left in place  
3&4 Step right to right side, step left beside right, step right to right side  
5-6 Cross step left over right, step right to right side  
7-8 Cross step left behind right, step right to right side

**CROSS ROCK, CHASSE LEFT, WEAVE LEFT**

1-2 Cross rock left over right, rock back on right in place  
3&4 Step left to left side, step right beside left, step left to left side  
5-6 Cross step right over left, step left to left side  
7-8 Cross step right behind left, step left to left side

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