

# For Always (L/P)

COPPER KNOB  
STEPSHETS

拍数: 28      墙数: 4      级数: Improver line/partner dance  
编舞者: Sue Halliday (USA)  
音乐: Forever and for Always - Shania Twain



**Position: Tandem or Indian Position. When doing in Tandem Position, couples must be very close as you're dancing as one. Right arm around lady's waist**

## RIGHT AND LEFT SIDE MAMBO STEPS, BACK SHUFFLES

1&2      Rock right foot to side, step left foot in place, step right foot next to left  
3&4      Rock left foot to side, step right foot in place, step left foot next to right  
5&6      Shuffle back right-left-right turning body slightly to the right  
7&8      Shuffle back left-right-left turning body slightly to the left

## ¼ TURN, MAMBO STEPS, MAN: WALK, TOUCH, LADY: ½ TURN, MAMBO STEPS

9&      Turning ¼ to the right rock right foot forward, step left foot in place  
10      Step right foot next to left

**Couples hands are now in Reverse Sweetheart Position**

11&12      Rock left foot back, step right foot in place, step left foot next to right left hands will go over lady's head. Do not release hands

13-14      **MAN:** Walk right foot forward, touch left foot next to right  
**LADY:** Step right foot diagonally forward turn ½ to the right, step left foot next to right

**Couples are now in double cross hand position. Brace arms approximately shoulder height for connection. Man is facing 3:00, lady is facing 9:00 opposite each other**

15&16      **MAN:** Rock left foot forward, step right foot in place, step left foot next to right  
**LADY:** Rock right foot back, step left foot in place, step right foot next to left

17&18      **MAN:** Rock right foot back, step left foot in place, step right foot next to left  
**LADY:** Rock left foot forward, step right foot in place, step left foot next to right

## CROSS SHUFFLES AND SIDE SHUFFLES

**Couples will turn ¼ of a circle on these next steps**

19&20      **MAN:** Step left foot to left, step right foot next to left, step left foot to left  
**LADY:** Cross right foot over left, step left foot to left, cross right foot over left  
21&22      **MAN:** Cross right foot over left, step left foot to left, cross right foot over left  
**LADY:** Step left foot to left, step right foot next to left, step left foot to left man is facing 6:00, lady is facing 12:00

## MAN: BACK, TOUCH, LADY: ½ TURN, BACK AND FORWARD MAMBO STEPS

23-24      **MAN:** Step left foot back, touch right foot next to right  
**LADY:** Step right foot forward turn ½ to the left, step left foot next to left couples are now back in Tandem or Indian Position

25&26      Rock right foot back, step left foot in place, step right foot next to left

27&28      Rock left foot forward, step right foot in place, step left foot next to right

**REPEAT**