

For A Dancer

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Chris Peel (UK)
音乐: For a Dancer - Linda Ronstadt & Emmylou Harris



CROSS ROCK, CROSS CHASSÉ, ROCK BACK, SIDE BEHIND ¼ TURN

1-2 Rock right across left, recover left
3&4 Side step right, step left across right, side step right
5-6 Rock left behind right, recover right
7&8 Side step left, step right behind left, step ¼ turn left on left

SIDE ROCK, TRIPLE ½ TURN LEFT, SIDE ROCK, TRIPLE ½ TURN RIGHT

9-10 Rock right to side, rock left in place
11&12 Triple ½ turn left stepping right, left, right in place
13-14 Rock left to side, rock right in place
15&16 Triple ½ turn right stepping left, right, left in place

ROCK FORWARD, LOCK SHUFFLE FORWARD, ROCK BACK, LOCK SHUFFLE BACK

17-18 Rock right forward, rock left in place
19&20 Step forward right, lock left behind right, step forward right
21-22 Rock left forward, rock right in place
23&24 Step back left, lock right across left, step back left

TOUCH, FLICK, SAILOR STEP, (LEADING RIGHT, THEN LEFT)

25-26 Touch right across left, flick right to side
27&28 Swing right behind left, side step left, step right together
29-30 Touch left across right, flick left to side
31&32 Swing left behind right, side step right, step right together

REPEAT
