

Foothills (C & M) Waltz (P)

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 0 级数: Partner
编舞者: Norma Jean Fuller (USA) & Lewis Cain (USA)
音乐: Half the Man - Clint Black



Position: begin in right side by side position. Steps are same except where noted
This dance is dedicated to Carroll & Mary McAbee

WALTZ FORWARD

1-3 Waltz forward, left-right-left
4-6 Waltz forward, right-left-right

WALTZ FORWARD, STEP ¼ TURN RIGHT, POINT, HOLD

1-4 Waltz forward, left-right-left
4-6 Step forward ¼ turn right on right, touch left to left side, hold

CROSS, WEAVE, STEP ¼ TURN RIGHT, STEP PIVOT ½ TURN RIGHT

1-2 Cross left over right, step side right on right, step left behind right
4-6 Release left hands step ¼ turn right on right, step forward on left, pivot ½ turn weight ending on right (you're now facing LOD)

WALTZ FORWARD, STEP ¼ TURN RIGHT, ROCK LEFT, ROCK RIGHT

1-3 Waltz forward left-right-left
4-6 Step ¼ turn right on right, rock left on left, rock right on right

LADY'S FULL TURN TO THE LEFT, MEN VINE LEFT, BOTH WEAVE

Man lifts hands above lady's head and lady places hers under his as she executes her turn. Bring hands out "spread eagle style" after turn

1-2 **MAN:** Step side left on left, step right behind left
 LADY: Step ¼ turn left on left, step right across left (turning ½ turn left)
3 **MAN:** Step left side left
 LADY: Step back ¼ turn left on left
4-6 **BOTH:** Step right across and in front of left, step side left, step right behind left

STEP ¼ TURN, STEP PIVOT ½ TURN LEFT, STEP PIVOT ½ LEFT

1-3 Step ¼ turn left on left releasing right hands, step forward on right, pivot ½ turn left weight ending on left (facing RLOD)
4-6 Step forward on right, pivot ½ turn left, step forward on right

LADY STEPS ¼ TURN LEFT, STEP PIVOT, STEP RIGHT-LEFT-RIGHT TURNING ½ TURN RIGHT; MAN TWINKLES LEFT-RIGHT-LEFT, RIGHT-LEFT-RIGHT

1-3 Releasing right hands lady steps ¼ turn left on left in front of man, step forward on right, pivot ½ turn left
1-3 Man leads lady in front with left hand stepping left across right, step right beside left, step left beside right. (twinkles)
4-6 Release left hands, rejoining right, lady turns ¾ turn right under right arms stepping right-left-right (LOD in side by side position)
4-6 Man steps right-left-right in place

STEP, TOUCH, HOLD, STEP, TOUCH, HOLD

1-3 Both step forward on left, touch right to right (man right is behind lady touching to right), hold
4-6 Step forward on right, touch left to left, hold

REPEAT
