

Foot Stomp Stompin'

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Claire Hill-Burton
音乐: Foot Stomp Stompin' - The Tractors



This track has a long introduction. Start dance on lyrics at 1 minute 39 seconds.

RIGHT SHUFFLE FORWARD, KICK LEFT FRONT AND SIDE, LEFT SHUFFLE BACK, RIGHT STOMP TWICE

1&2 Shuffle forward, right, left, right
3-4 Kick left to front & side
5&6 Shuffle back left, right, left
7-8 Stomp right twice next to left

RIGHT SHUFFLE FORWARD, KICK LEFT FRONT AND SIDE, LEFT SHUFFLE BACK, RIGHT STOMP TWICE

1&2 Shuffle forward, right, left, right
3-4 Kick left to front & side
5&6 Shuffle back left, right, left
7-8 Stomp right twice next to left

¼ MONTEREY TURN, LEFT DIG FORWARD, LEFT TAP TO LEFT

1-2 Tap right to right, turn ¼ right on ball of left stepping right beside left
3-4 Tap left to left and return
5-6 Dig left forward and return
7-8 Tap left to left and return

¼ MONTEREY TURN, LEFT DIG FORWARD, LEFT TAP TO LEFT

1-2 Tap right to right, turn ¼ right on ball of left stepping right beside left
3-4 Tap left to left and return
5-6 Dig left forward and return
7-8 Tap left to left and return

RIGHT SYNCOPATED VINE & ½ UNWIND, HEEL DIGS & CLAPS

1-2 Step right to right, cross left behind right
&3 Step right to right, cross left over right
4 ½ unwind right, transferring weight to left
5&6 Dig right heel forward, step onto right, dig left heel forward
&7 Step onto left, dig right heel forward
&8 Clap hands twice

RIGHT SYNCOPATED VINE & ½ UNWIND, HEEL DIGS ¼ TURNING, CLAPS

1-2 Step right to right, cross left behind right
&3 Step right to right, cross left over right
4 ½ unwind right, transferring weight to left
5&6 Dig right heel forward, step onto right, dig left heel forward
&7 ¼ turn left, stepping onto left, dig right heel forward
&8 Clap hands twice

REPEAT