Get In Line

拍数: 32

级数: Intermediate

编舞者: Tom Mickers (NL) & Roy Verdonk (NL)

音乐: Get In Line - The Chammps

CROSS, BACK, CLOSE

- 1&2 Right foot cross over left, step back on left, step right in place
- 3&4 Left foot cross over right, step back on right, step left in place

TOUCH, ½ TURN RIGHT, FORWARD, HEEL SWIVELS

- 5-6 Right toe touch back, pivot ½ turn to right
- 7&8 Step forward on left, keep balls of feet in place & swivel heels to left then in place

CROSS STEPS, TWIST TURN, CLAPS

- 9-10 Left foot step to left side, right foot cross in front
- 11-12 Left foot step to left side, right foot cross in front
- 13-14 Left foot step to left side, right foot cross behind
- 15 Unwind ½ turn to right
- &16 Clap hands twice (keep weight on left foot)

JAZZ BOX WITH 1/4 TURN LEFT & CLAP

- 17-18 Right foot cross in front of left, step back on left, beginning to make 1/4 turn to left
- 19-20 Step onto right foot (completing ¼ turn), touch left next to right and clap hands

THREE STEP TURN (1 ¼) LEFT, CLOSE, CLAP

- 21 Left foot make ¼ turn to left
- 22 Right foot make ½ turn still turning left
- 23 Left foot make another ½ turn to left
- 24 Touch right in place and clap hands

ARM MOVEMENTS

- 25 Left hand touch right shoulder
- 26 Left hand touch left shoulder
- 27 Stretch left arm out forward as right hand touches left upper arm
- 28 Bring left arm up and circle over right forearm (which will lift slightly) and go back to original position with left arm outstretched, right arm on left upper arm
- 29 Point both hands out to right side
- 30 Point both hands out to left side
- 31 Point both hands out forward (like shooting guns)
- 32 Bring both hands down alongside body (putting guns away)

REPEAT





墙数:2