

Get Dirty

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Dirty - Christina Aguilera



STEP RIGHT TO RIGHT WITH PUNCH & LOOK, STEP HOME, LUNGE LEFT, STEP HOME, SKATE RIGHT, LEFT, RIGHT, HITCH WITH ¼ TURN LEFT, STEP

- 1 Step right out to right with a closed fist punch and look to right
- 2 Step right foot home while circling right arm around in front of body and down to side, and look forward
- 3 Lunge left to left while dropping left shoulder and bending both elbows and looking left
- 4 Step left foot home, drop both arms down to side, and look forward
- 5 Skate right diagonally to right
- 6 Skate left diagonally to left
- 7&8 Skate right diagonally to right, hitch left while making a ¼ turn to left, step down on left

MAMBO FORWARD, MAMBO TO LEFT SIDE, STEP, SLIDE, STEP WITH ¼ TURN RIGHT, STEP, KICK WITH PUNCH, PULL IN

- 1&2 Mambo forward (step right forward, left in place, right back to home)
- 3&4 Mambo to left side (step left out to left, right in place, left back to home)
- 5 Step right out to right side
- 6 Slide left behind right
- &7 Step right forward with ¼ turn right, step left next to right
- & Kick right forward while punching both arms forward with closed fists
- 8 Pull right back to hitch position while turning arms over and pulling back to bent position to side of body

STEP, KICK, TOE BEHIND, ½ TURN LEFT, BODY ROLL UP, KICK AND TOUCH

- 1 Step right foot forward
- 2 Kick left foot forward
- 3 Toe left foot straight back
- 4 Turn ½ turn to left leaving weight on right foot
- 5-6 Body roll up switching weight to left foot option: instead of body roll you can do a mambo forward on left
- 7&8 Kick right foot forward, step right back to home, touch left toe out to left side

ROLL KNEE IN, POP KNEE OUT WITH ¼ TURN LEFT, KICK-BALL-CHANGE, SYNCOPATED STAR

- 1 Bring left knee in toward right leg
- 2 Roll left knee out to left while making a ¼ turn to left and popping head up
- 3&4 Kick-ball-change on left
- 5& Step left foot forward, step right in place
- 6& Step left out to left, step right in place
- 7& Step left foot back, step right in place
- 8 Step left foot next to right

REPEAT

TAG

After the seventh wall

V-BLOCK, V-BLOCK

- 1 Step right diagonally forward to right
- 2 Step left diagonally forward to left

- 3 Step right back to home
 - 4 Step left back to home
 - 5 Step right diagonally forward to right
 - 6 Step left diagonally forward to left
 - 7 Step right back to home
 - 8 Step left back to home
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