

# Get Dancin'

**COPPER** **KNOB**  
BY STEPHEN METZ

拍数: 32      墙数: 4      级数: Improver  
编舞者: Peter Metelnick (UK) & Alison Metelnick (UK)  
音乐: I Like You - Ultradance



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## LEFT SHUFFLE FORWARD, ¼ LEFT PIVOT TURN, RIGHT KICK BALL STEP, HIP BUMPS LEFT & RIGHT

1&2      Step left foot forward, step right foot together, step left foot forward  
3-4      Step right foot forward, pivot ¼ turn left  
5&6      Kick right foot forward, step right foot in place, step left foot to left side  
7-8      Bump hips left, right

## HIP BUMPS LEFT & RIGHT, LEFT SIDE SHUFFLE

1-2      Bump hips left twice  
3-4      Bump hips right, left  
5-6      Bump hips right twice  
7&8      Step left foot to left side, step right foot next to left, step left foot to left side

## ½ TURN LEFT, RIGHT SIDE SHUFFLE, CROSS UNWIND ½ LEFT, HEEL TOE, LEFT SYNCOPATED ROCK STEP

&1&2      ½ turn left, step right foot to right side, step left foot next to right, step right foot to right side  
3-4      Touch left toe behind right heel, unwind ½ turn left (weight on left)  
5&6      Touch right heel forward, step right foot in place, touch left toe beside right foot  
7&8      Step left foot out to left side, recover weight on right foot, step left foot next to right

## RIGHT SHUFFLE FORWARD, ½ TURNING LEFT TRIPLE STEP, HEEL SWITCHES, CLAP TWICE, STEP RIGHT

1&2      Step right foot forward, step left foot together, step right foot forward  
3&4      ½ turn right step left foot forward, step right foot together, step left foot forward  
5&6      Touch right heel forward, step right foot in place, touch left heel forward  
&7&8      Step left foot in place, touch right heel forward, clap hands twice, step right foot in place

**REPEAT**

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