Get Along

拍数: 32

墙数:4

级数: Improver

编舞者: Jan van den Bos (NL) & Connie van den Bos (NL)

音乐: Get Along - Kevin Fowler





KICK-BALL-CHANGE TWICE, CHARLESTON STEPS

- 1&2 Kick right forward, step right in place, step left in place
- 3&4 Kick right forward, step right in place, step left in place
- 5-6 Step forward on right, touch left toe forward
- 7-8 Step backwards on left, touch right toe backwards

PIVOT ¼ LEFT, CROSS-BALL-CROSS, SIDE ROCK, BEHIND-SIDE-CROSS

- 1-2 Step forward on right, turn 1/4 left, transfer weight to left
- 3&4 Cross right over left, step left to the left, cross right over left
- 5-6 Step left to the left, recover on right
- 7&8 Cross left behind right, step right to the right, cross left over right

Restart here in 3rd wall

PIVOT TURN ½ LEFT, FULL TURN FORWARD (LEFT), ROCK STEP, BACK-LOCK-STEP

- Step right forward, turn 1/2 left, transfer weight to left 1-2
- 3-4 Turn 1/2 left, step right backwards, turn 1/2 left, step left forward
- 5-6 Step right forward, recover on left
- 7&8 Step right backwards, cross left in front of right, step right backwards

BACK ROCK, STEP, SWING TURN (RIGHT), STEP, SWING TURN (LEFT), COASTER STEP(LEFT)

- 1-2 Step left backwards, recover on right
- 3 Step left forward, bent knees, turn ¹/₂ right, (weight remains on left (swing)
- 4 Stretch knees, touch right toe forward (click fingers)
- 5 Step right forward, bent knees, turn ¹/₂ left, (weight remains on right (swing)
- 6 Stretch knees, touch left toe forward (click fingers)
- 7&8 Step left backwards, close right beside left, step left forward

REPEAT

RESTART

On the 3rd wall, start the dance again from the beginning after count 16