

# Get A Life

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Jan Wyllie (AUS)  
音乐: I'm Gonna Love You - Dave Reynolds



- 1-2            Step right to right, step left behind right  
3-4            Step right to right making  $\frac{1}{4}$  turn right, making  $\frac{1}{4}$  turn right step left to left  
5-6            Step right behind left, making  $\frac{1}{4}$  turn left step forward on left  
7-8            Step forward on right, pivot  $\frac{1}{2}$  left transferring weight to left
- 1-2            Step right toe across left, drop right heel to floor  
3-4            Step back on left toe, drop left heel to floor  
5-6            Step right toe to right side, drop right heel to floor  
7-8            Step left toe across right, drop left heel to floor
- 1-2            Rock/step right to right, rock weight to left  
3&4            Cross shuffle right-left-right  
5&6            Shuffle left-right-left while making  $\frac{1}{2}$  turn right  
7              Step right to right making  $\frac{1}{4}$  turn right  
8              Step left to left making  $\frac{1}{4}$  turn right
- 1-2            Step right to right, step left across in front of right  
3-4            Step big step on right to right making  $\frac{1}{4}$  turn left, drag left to right  
5-6            Rock/step back on left, rock forward on right  
7&8            Shuffle forward left-right-left
- 1-2            Rock/step forward on right, rock back on left  
&3            Step right beside left, touch left heel forward  
&4            Step left beside right, touch right beside left  
&              Step right beside left  
5-6            Step forward on left, pivot  $\frac{1}{4}$  turn right transferring weight to right  
7&8            Cross shuffle to the right left-right-left
- 1-3            Rock/step right to right, rock weight to left, step right directly in front of left  
&4            Bump left heel, bump right heel  
5-7            Rock/step left to left, rock weight to right, step left directly in front of right  
&8            Bump right heel, bump left heel
- 1-2            Rock forward on right, rock back on left  
3-4            Making a full turn to the right step right-left  
5&6            Shuffle right-left-right making a further  $\frac{1}{4}$  turn right  
7&8            Cross shuffle to the right left-right-left
- 1-2            Rock/step right to right, rock weight to left  
3-4            Rock right across in front of left, rock back onto left  
5-6            Step right to right, step left across in front of right making a  $\frac{1}{2}$  turn right  
7-8            Rock/step right back behind left, rock weight to left

**REPEAT**