# Genie In A Bottle



拍数: 32 墙数: 4 级数: Intermediate

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音乐: Genie In a Bottle - Christina Aguilera



### **CROSS POINTS WITH SHOULDER SHIMMIES**

As you do the following 8 steps shimmy shoulders with arms out to sides, with insides of arms facing forward and fists clenched

&1-2	Step small step back on left, cross right over left, point left to left side
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3-4	Cross left over right, point right to right side
5-6	Cross right over left, point left to left side
7-8	Cross left over right, point right to right side

## CROSS, UNWIND FULL TURN LEFT, SAILOR STEP, DIAGONAL POINTS

9-10	Cross right over left, unwind full turn left
11&12	Cross left behind right, step right to right side, step left to place
13&	Point right toe to front right diagonal, hitch right knee across left knee
14&	Point right toe to back right diagonal, hitch right knee across left knee
15&	Repeat count 13&
16&	Repeat count 14&

### RUNNING MAN, CLAP, ARM MOVEMENTS, STEP IN, ARM MOVEMENTS

17	Step right foot to front right diagonal with weight
&	Jump feet together hitching left knee
18	Jump feet diagonally apart, left foot forward, right foot back
&	Jump feet together hitching right knee
19	Jump feet diagonally apart, right foot forward, left foot back
&	Jump feet together hitching left knee
20	Jump feet shoulder width apart
21	Clap hands at shoulder level
&	With fists clenched cross right fist over left at chest level
22	Spread arms out to both sides at waist level with palms facing down
&	Grind hips in a circular motion to left (to the left 12:00 to 9:00)
23	Step ball of right next to left popping right knee across left knee
&	Wrap right arm across body with right palm touching left hip
24	Wrap left arm over right arm with left palm touching right hip

### SIDE LUNGES, KICK & POINT, CROSS BEHIND & UNWIND 3/4 TURN LEFT

25	Lunge ball of right to right side uncross arms out to sides with elbows bent at waist level and fists clenched
26	Step ball of right next to left (no weight) and criss-cross arms over waist with fists clenched
27	Repeat count 25
28	Repeat count 26
29&30	Kick right foot forward, step right beside left, point left to left side
31-32	Cross left behind right, unwind ¾ turn left

#### **REPEAT**