

# Gemma's Waltz (P)

拍数: 42      墙数: 0      级数: Partner  
编舞者: Jean Miles (UK) & John Miles (UK)  
音乐: Slow To Medium Waltz Time



**Position: Closed Western Position. Man faces LOD. Lady faces RLOD. Both partners will be on opposite feet throughout the dance**

**Choreographed with the help of our granddaughter Gemma**

1-6      Basic 1-2-3 4-5-6  
**Emphasis on 1 and 4 (long steps)**

## LADY'S TURN ON 1-2-3 4-5-6

1-6      **MAN:** Keep basic pattern  
**Drop right hand and turn lady**  
**LADY:** Turn to the right a double turn

1-6      Basic 1-2-3 4-5-6  
**Emphasis on 1 and 4 (long steps)**

## OUTSIDE WAVE - INSIDE WAVE (OUT 2-3 / IN 5-6)

1      Drop right hand, leading lady into a wave by bringing adjoining hands between you and your partner  
2-3      With same foot as count 1, both step to the OLOD (man step right / lady left), pivot to face ILOD  
**Drop adjoining hands rejoin opposite hands**  
4-6      Both step to ILOD (man step to left / lady to right). Again bring hands through for styling.  
Pivot on 5-6 to face OLOD  
**Drop adjoining hand and rejoin opposite hands**

## OUTSIDE WAVE & LADIES TURN

1-3      Both step to OLOD (man step to right / lady to left), pivot to face ILOD  
4-6      Man turn lady and join both hands in front of lady, lady turns to right, a full turn, to face partner and join hands in front

## EXTEND AND WRAP

1-3      **MAN:** Step in place on 1-2-3 extending arms in front  
**LADY:** Step back extending arms and in place twice  
4-6      **MAN:** Step in place on 4-5-6 to wrap lady (lift left hand over lady's head as she wraps herself into your arms. Her back will be resting on your right arm.)  
**LADY:** Step forward making a half turn to left to wrap into man's arms

## WHEEL AROUND, LADY'S DOUBLE TURN

1-3      **MAN:** Wheel the lady around by dancing on the spot and turning the lady by pushing her gently with your right arm on a full turn forward from LOD back to face LOD  
4-6      **MAN:** Dance forward lifting left hand to turn lady out  
**LADY:** Turn on 4-5-6 back to face her partner

## REPEAT