

Funky Music

COPPER KNOB
STEPSHEETS

拍数: 80 墙数: 1 级数: Intermediate/Advanced
编舞者: Bronya Bishorek (MY)
音乐: Play That Funky Music - Wild Cherry



HIP ROCK STEPS RIGHT, LEFT, RIGHT, LEFT

1&2 Place right toe diagonally forward, rock hip forward & back finishing with weight on right foot
3&4 Place left toe diagonally forward, rock hip forward & back finishing with weight on left foot
5-8 Repeat above

PUSH BACK, WALK BACK, SHOULDER JACKS RIGHT, LEFT

1 Pushing from left foot, take a big step back on right
2-4 Walk 3 steps back, left, right, step left next to right, slightly apart
5&6 Swivel toes to right & right, pulling right thumb up to right shoulder
7&8 Swivel toes to left & left, pulling left thumb up to left shoulder

DISCO SAMBAS, RIGHT, LEFT, RIGHT, LEFT

1 Step right to right
2 Touch left toe behind right
3 Step left to left
4 Touch right toe behind left
5-8 Repeat 1-4

POINT & SIT TWICE, HIP THRUST X 4 WITH TAMBOURINE HAND

1 Point right toe forward with knee bent and body facing left diagonal
2 Drop into a sitting position with weight on left
3-4 Repeat 1-2
5-8 Thrust right hip forward 4 times while bringing right hand up towards ear with a shimmy motion

INCH WORM, STEP, STEP, ½ TURN, ½ TURN

1&2 Lean forward on ball of right foot, step left foot behind right, point right toe forward
3&4 Repeat
5-6 Step forward on right, left
7 Turn ½ right stepping on right
8 Turn ½ right pulling left foot next to right

TOUCH SIDE, TOUCH SIDE, HIP ROLL, HIP ROLL, CLOSE AND TRANSFER

1-2 Touch right toe to right, step next to left
3-4 Touch left toe to left, step next to right
5 Step right to right and roll hip
6 Step left to left and roll hip
7 Touch right toe next to left
8 Transfer weight to right foot with hip roll action

STEP FORWARD, ¼ TURN LEFT X 4

&1 Transfer weight to left and step forward on right
2 Push right heel right and do a ¼ turn left finishing with weight on left
3 Step forward on right
4 Push right heel right and do a ¼ turn left finishing with weight on left
5-8 Repeat till facing front wall again

HIP THRUST SIDE, SLOW CIRCLE, QUICK CIRCLE, PUSH RIGHT

- &1-4 Push hip to left then thrust to right 4 times
- 5-6 Rotate hips in a slow full circle, to the right
- 7 Rotate hips in a quick small circle, to the right
- 8 Push from left and transfer all weight to right foot

JAZZ BOX, ½ MAMBO TURN, ½ MAMBO TURN

- 1 Cross left over right
- 2 Step back on right
- 3 Step left to left
- 4 Touch right toe next to left
- 5 Step right forward
- 6 ½ turn left on left
- 7 Step right forward
- 8 ½ turn left on left

DROP WEAVE LEFT, HIP BUMPS, CROSS STEP TOUCH, CROSS STEP, STEP

- 1&2 Cross right behind left, step left beside right, cross right over left
- 3 Step left and bump hip
- 4 Step right and bump hip
- 5-6 Cross left over right, touch right to right
- 7-8 Cross right over left, step left to left

REPEAT

This dance can be danced either as a 1-wall or 4-wall dance. If danced as a 4 wall dance, add and & count after the last 8 and do a ¼ turn left.
