

Funk-N-Gruvin

拍数: 32 墙数: 4 级数:
编舞者: Pedro Machado (UK)
音乐: Loosen Up My Strings - Clint Black



FORWARD SWIVELS

- 1 Turning body toward 1:30 o'clock, right toe pointing toward 3 o'clock, step forward on ball of right
- 2 Swiveling on ball of right, turning body left toward 10:30 o'clock, step forward on ball of left (left toe pointing toward 9 o'clock)
- 3 Swiveling on ball of left, turning body toward 1:30 o'clock, step forward on ball of right (right toe pointing toward 3 o'clock)
- & In place, on balls of both feet, right slightly forward of left, swivel feet left toward 10:30 o'clock
- 4 In place, on balls of both feet, right slightly forward of left, swivel feet right toward 1:30 o'clock (shifting weight to left)

MONTEREY TURN (½ TURN)

- 5 Touch right toe out to right side
- 6 On ball of left, turning ½ turn right (6 o'clock), slide step right to beside left
- 7 Touch left toe out to left side
- 8 Touch left beside right

"OFF TO SEE THE WIZARD" (SYNCOPATED FORWARD DIAGONAL LOCK), ¼ TURN

- & Step slightly back on left
- 9 Step forward on right 45 degrees right
- 10 Cross step left behind right
- & Step slightly back on right
- 11 Step forward on left 45 degrees left
- 12 Cross step right behind left
- & Step slightly back on left
- 13 Step forward on right 45 degrees right
- 14 Cross step left behind right
- & Step slightly back on right
- 15 Stepping forward on left 45 degrees left, making ¼ turn right (9 o'clock)
- 16 Step right beside left

CHASSE', ½ TURN, BODY ROLL

- 17 Traveling side right, cross step left over right
- & Keeping left crossed over right, step right to right side
- 18 Cross step left over right
- & Keeping left crossed over right, step right to right side
- 19 Cross step left behind right
- & Step right to right side
- 20 Cross left over right
- 21-22 Slowly unwind ½ turn right (3 o'clock)
- 23-24 Weight even, roll body up (shifting weight to left)

KICKS, SAILOR SHUFFLE

- 25-26 Kick right forward twice
- 27 Step right behind left (turn body to face slightly to right)
- & Step left to left side (facing forward)

28 Step right slightly forward and to right side (facing forward)

KICKS, SAILOR SHUFFLE

29-30 Kick left forward twice

31 Step left behind right (turn body to face slightly to left)

& Step right to right side (facing forward)

32 Step left slightly forward and to left side (facing forward)

REPEAT
