

Fuel

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Steven Bray
音乐: Fuel - Metallica And San Francisco Symphony Orchestra



KICK, KICK, HOOK, ¼ TURN, STOMP, SWITCHES, NOD, NOD

1-2 Kick right forward, kick right to left side behind left
3&4 Hook right behind left knee, make ¼ turn unhooking right, stomp right
5&6 Point left to left side, place left beside right, point right to right side
7-8 Nod head twice

KICK, CROSS, KICK, CROSS, POINT TURNS

9-10 Kick right forward, cross right over left
11-12 Kick left forward, cross left over right
13 Point right toe to right side making ¼ turn left
14 Point right toe to right side making ¼ turn left
15 Point right toe to right side making ¼ turn left
16 Point right toe to right side making ½ turn left

STEP LOCK STEP, STEP LOCK STEP, SNAKE ROLL, BUMP, BUMP, BUMP

17&18 Step forward on right, lock left behind right, step forward on right
19&20 Step forward on left, lock right behind left, step forward on left
21-22 Snake roll left
23&24 Bump hips right, left, right

SAILOR STEP, COASTER STEP, COASTER STEP, SAILOR STEP

25&26 Step left behind right, step right to right side, step left beside right
27&28 Step right back, step left beside right, step right forward
29&30 Step left back, step right beside, left, step left forward
31&32 Step right behind left, step left to left side, touch right beside left (taking weight off left)

JUMP TOGETHER, APART, CROSS, ANKLE BREAKERS, NOD, NOD, BODY ROLL

33&34 Jump both feet together, jump both feet apart, jump both feet together crossing right over left
35&36 Lean weight onto right ankle, lean weight onto left ankle, step forward on right
37-38 Nod head twice
39-40 Body roll down

SWEEP, TAP, TAP, SLIDE, WALK, WALK, NOD, NOD

41-42 Sweep right behind left
43&44 Tap right toe twice, step right to right side
45-46 Walk forward left, right
47-48 Nod head twice

REPEAT
