

Front & Back

拍数: 40 墙数: 2 级数: Intermediate
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音乐: I Need Love - *NSYNC



KICK BALL CHANGE, PIVOT TURN, JAZZBOX

1&2 Kick right foot forward, step on ball of right foot, step on left foot
3-4 Step right foot forward, pivot ½ turn left shifting weight to left foot
5-6 Cross-step right over left, step left foot back
7-8 Step right foot to right side, step left foot forward

LEFT VINE W. ¼ TURN, ½ TURN, FORWARD SHUFFLES ¼ TURN

1-2 Cross step right behind left, turning ¼ left, step on left foot
3-4 Step right forward, pivot ½ turn left shifting weight to left foot
5&6 Step right foot forward, step left foot together, step right foot forward
7&8 Step left foot forward, step right foot together, ¼ turn left on left foot

HEEL/TOE, HOOK STEP, STEP, SCUFF, (TWICE)

1-2 Step right heel diagonally forward right, slap right toe down
&3-4 Hook left in behind right heel, step right foot forward, scuff left foot forward
5-6 Step left heel diagonally forward left, slap left toe down
&7-8 Hook right in behind left heel, step left foot forward, scuff right forward

HEEL/TOE, HOOK STEP, STEP, SCUFF, (TWICE)

1-2 Step right heel diagonally forward right, slap right toe down
&3-4 Hook left in behind right heel, step right foot forward, scuff left foot forward
5-6 Step left heel diagonally forward left, slap left toe down
&7-8 Hook right in behind left heel, step left foot forward, stomp - up on right foot (weight still on left)

FORWARD KICK, SIDE KICK, SAILORS SHUFFLES (TWICE)

1-2 Kick right foot forward, kick right foot to right side
3&4 Cross step right behind left, step left beside right, step right beside left
5-6 Kick left foot forward, kick left foot to left side
7&8 Cross step left behind right, step right beside left, step left beside right

REPEAT