

From This Moment

COPPER KNOB
STEPSHEETS

拍数: 56 墙数: 2 级数: Intermediate
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音乐: From This Moment On (Tempo Mix) - Shania Twain



RIGHT CHASSE, ROCK BACK, LEFT CHASSE, ROCK BACK

1&2 Step right to right side, Close left beside right, Step right to right side
3 Rock back on left
4 Forward on right
5&6 Step left to left side, Close right beside left, Step left to left side
7 Rock back on right
8 Forward on left

RIGHT SHUFFLE, STEP FORWARD, ½ PIVOT, LEFT SHUFFLE, STEP FORWARD, ½ PIVOT

9&10 Step forward right, Close left beside right, Step forward right
11 Step forward left
12 Pivot ½ right turn
13&14 Step forward left, Close right beside left, Step forward left
15 Step forward right
16 Pivot ½ turn left

SYNCOPATED VINE RIGHT, PIVOT ¼ TURN LEFT, HOLD, RIGHT SHUFFLE

17 Step right to right side
18 Cross step left behind right
19&20 Step right to right side, Cross step left over right, Step right to right side
21 Pivot left ¼ turn on both feet
22 Hold
23&24 Step forward right, Close left beside right, Step forward right

LEFT JAZZ BOX, ¼ MONTEREY TURN RIGHT

25 Cross step left over right
26 Step back on right
27 Step left to left side
28 Touch right beside left
29 Touch right to right to right side
30 On ball of left pivot ¼ turn right, stepping right beside left
31 Touch left to left side
32 Step left beside right

RIGHT LOCK STEP, LEFT LOCK STEP WITH SCUFFS

33 Step right forward
34 Lock left behind right
35 Step right forward
36 Scuff left forward
37 Step left forward
38 Lock right behind left
39 Step left forward
40 Scuff right forward

½ PIVOT LEFT, RIGHT SHUFFLE, LEFT KICKBALL CHANGE, LEFT COASTER STEP

41 Step forward right

42 Pivot ½ turn left
43&44 Step forward right, Close left beside right, Step forward right
45&46 Kick left forward, Step left beside right, Step right in place
47&48 Step back left, Step right beside left, Step forward left

WEAVE LEFT, CROSS ROCK, STEP CROSS

49 Cross right over left
50 Step left to left side
51 Cross right behind left
52 Step left to left side
53 Cross rock right over left
54 Back on left
55 Step right to right side
56 Cross left over right

REPEAT
