

From The Shadows Of Fire

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Intermediate
编舞者: The Phoenix (UK)
音乐: Got to Get It - Sisqó



BACK, TOUCH, (½-LEFT) BODY ROLL, TOGETHER, SIDE CHASSE, HIP BUMPS

1-2 Step right back, touch left toe back
3 On balls of both feet pivot ½ turn over left shoulder: while completing a body roll upwards
4 Step right beside left
5&6 Step left to left side, step right beside left, step left to left side
7&8 Bump hips: left, right, left

SYNCOPATED SIDE CHASSES, SNAKE ROLL, HIP BUMPS

& Hold for 1 count
1-2 Step left beside right, step right to right side
& Hold for 1 count
3-4 Step left beside right, step right to right side
For extra styling try snake rolling on the hold beats above
5-6 Complete a snake roll to your right
7&8 Bump hips: left, right, left

STEP, SPIN (1¼-LEFT), SIDE CHASSE, HIP BUMPS

1 Step right forward
2 Raise both arms to both sides at shoulder level with palms facing up so your arms are now bent imitating the letter 'W' where the left & right points are your arms, and the center is your body
3-4 (Keeping hands in position) while touching right toe to right side spin 1 ¼ turns left on ball of left foot
5&6 Drop hands from here: step right to right side, step left beside right, step right to right side
7&8 Bump hips: right, left, right

KICK-BALL-SIDE, TOUCH, SIDE, STEP, STEP, SPIN FULL TURN, TOUCH: IN-OUT-STOMP

1&2 Kick right forward, step right beside left, step left to left side
3&4 Touch right beside left, step right to right side, step left beside right
5 Step right forward: raising both arms to both sides at shoulder level with palms facing up so your arms are now bent imitating the letter 'W' where the left & right points are your arms, and the center is your body
6 Keeping hands in position: while touching right toe to right side: spin 1 full turn left on ball of left foot
7&8 Drop hands from here: touch right beside left, touch right toe to right side, up-stomp right beside left

REPEAT
