

# Frog Heaven

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 2      级数: Beginner line/contra dance  
编舞者: Karen Fishback (USA)  
音乐: Frog Heaven - Mike Seeger



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## WALK FORWARD, KICK WITH CLAP, WALK BACK, TOUCH

1-8      Walk forward 3 steps, right, left, right, kick left and clap, walk back left, right, left touch right

## 2 HEEL, TOE, SIDE SHUFFLES

1-2-3&4      Touch right heel forward, touch right toe center, side step, together, step to right

5-6-7&8      Touch left heel forward, touch left toe center, side step, together, step to left

## 4 FORWARD SHUFFLES (IN CONTRA, CROSS TO CHANGE SIDES)

1&2-3&4      Right forward step, together, step, left forward step, together, step

5&6-7&8      Repeat

## 2 ¼ TURNS TO LEFT, RIGHT HEEL, STEP, LEFT HEEL, STEP

1-4      Step forward on right, push ¼ to left, step on left, repeat

5-8      Touch right heel forward, take weight on right at center, left heel forward, take weight on left at center

## REPEAT

## FOR CONTRA

Have dancers face each other in two lines. On the walk, kick partners should be offset and slap right hands while kicking with left foot; on the forward shuffles lines cross to the opposite side, right shoulders passing. The forward shuffles can also be done as turning shuffles on the 2nd and 3rd shuffles, making a full turn (2 ½ turns)

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