Friendship Cha Cha (P)



编舞者: Brian Banbury (UK) & Ann Banbury (UK)

音乐: Any slow cha-cha tempo



Position: Sweetheart (danced in center of room as couples line dance)

SIDE ROCK/SIDE ROCK/BACK ROCK

1-4 Cross left over right rocking forward on left/ rock back on right then left, right, left in place 5-8 Cross right over left rocking forward on right/ rock back on left then right, left, right in place

9-12 Left step back with rock/ rock forward on right/ walk forward left, right, left

1/4 TURN & 1 1/4 TURN

13-16 MAN: Step ¼ turn right on right/ bring left to right/ right left, right in place

LADY: 1-1/4 turns right on right, left, then right, left, right in place

On steps right, left lady turns to the right releasing right hands. Man ends up behind lady, left hands out to left, right hand on lady's waist

WALK & ROCKS

17-24 Both walk forward left-right, cha-cha-cha rocking left-right-left, step right to right & rock on

right, rock left on left, cha-cha-cha

1/4 TURN/ ROUND THE BACK

25-28 MAN: Step & turn ¼ left on left, small step right on right bring left to right, right, left in place

LADY: Turning right walk left-right, then left-right-left (3/4 turn-around back of man to his left

side)

Release right hands, raise left hands over lady's head then man's head as lady comes to man's side rejoin right hands in front (cross hands right under left)

CROSS & FACE

29-32 **MAN:** Right, left/ right left, right in place

LADY: Walk forward turning left (½ turn) on right, left then on right, left, right be at arms

length & to the right of the man facing him

Do not release hands as lady turns, lift both hands over lady's head/ as lady faces the man release and uncross hands rejoin in open hand hold

ROTATE/ROTATE/OPEN

BOTH: Walk towards each other on left, right (lady to right side of man, arms stretched out).

Rotate ½ turn to the right on left-right-left, rotate another ½ turn on right-left, then right-left-

right

As you end the complete rotation lady goes to arms length to face man, hands are released and rejoined with left hands over right hands

ROUND BACK & WRAP

41-44 MAN: Walk forward left-right (raise left arm to go over man's head, right hand goes to man's

waist), cross left back & behind right. Bring right to left step left in place

LADY: Walk forward left-right, go round back of gent to his left side on left-right-left (left arm across the back of the man at waist high under gent's right hand on waist, left hands held in

front)

45-48 MAN: Cross right over left (release right hands) bring left to right then right-left-right in place

(lead lady across the front of you to side by side position - rolling right)

LADY: Walk across front of man on left-right, do full turn on right-left-right. End on right side of man

WALK, ½ TURN

49-52 BOTH: walk forward left, right/ on left, right, left do a ½ turn right (going backwards)

As you turn lift Left hands over Lady's head, bring to front of you both

ROCK & 1/4 TURN

53-56

MAN: Step back & rock on right, rock forward on left, as you step forward on left do a ¼ turn left, then do left, right in place

LADY: Step back & rock on right, rock forward on left, step forward on right, as you step forward on left do a ¼ pivot turn left, bring right to left (lady passes in front of man before

turn)

As you turn 1/4 left raise left hands over lady's head, back into side by side position

REPEAT