Friends Will Be Friends



编舞者: Alan Haywood (UK)

音乐: Friends Will Be Friends - Queen



Dedicated to my friend Annie who has suffered badly with Cancer and to all those with serious illnesses who need their friends there to support them

SWAY RIGHT LEFT, RIGHT BEHIND & FORWARD, LEFT FORWARD SHUFFLE, ROCK, RECOVER

1-2 Sway right to right side, sway left to left side

3&4 Cross step right behind left, step left to left side, step right slightly forward

5&6 Step left forward, close right next to left, step left forward 7-8 Rock forward onto right, recover weight back onto left

2 STEP FULL TURN RIGHT, RIGHT SAILOR, SWAY LEFT RIGHT, 1/4 LEFT SHUFFLE

1-2 Make ½ turn right stepping right forward, make ½ turn right stepping left back

Easy option: walk back right, left

1st restart here

3&4 Step right behind left, left to left side, step right to right side 2nd restart here

5-6 Sway left to left side, sway right to right side

7&8 Step left to left side, close right next to left, step left ¼ left

RIGHT FORWARD, 1/2 LEFT, TRIPLE FULL TURN LEFT, LEFT SAILOR, RIGHT SAILOR

1-2 Step forward onto right, pivot ½ turn left 3&4 Make full turn left stepping right-left-right

Easy option: right forward shuffle

5&6 Step left behind right, step right to right side, step left to left side 7&8 Step right behind left, left to left side, step right to right side

SWAY LEFT RIGHT, 1/2 LEFT SHUFFLE, RIGHT FORWARD, 1/2 LEFT, RIGHT SIDE ROCK & TOUCH

1-2 Sway left to left side, sway right to right side

3&4 Step left to left side, close right next to left, step left ¼ left

5-6 Step forward onto right, pivot ½ turn left

7&8 Rock right to right side, recover weight onto left, touch right next to left

REPEAT

RESTART

During wall 3, facing 12:00 (after short instrumental section), dance up to 2 step full turn right, (counts 1-2, section 2) then restart from beginning

During wall 7, facing 6:00 (after long instrumental section - instrumental section starts wall 6), dance up to right sailor - (3&4 section 2) then add '& left next to right' to restart from beginning

TAG

When dancing to Best of Friends by Dave Sheriff, there are no restarts. But at the end of wall 7 (facing back wall) add 4 hip sways, RIGHT, LEFT, RIGHT, LEFT