

Friends For A Lifetime

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate waltz
编舞者: Carol Mckee (AUS)
音乐: Friends For A Lifetime - Claire Lynch



CROSS WALTZ, CROSS, TOUCH, KICK

1-2-3 Step left over right, step right to right, step left to left
4-5-6 Step right over left, touch left toe next to right, kick left 45 degrees left

BEHIND, SIDE, CROSS, SIDE, DRAG, TOUCH

1-2-3 Step left behind right, step right to right, cross left over right
4-5-6 Step right to right, drag left to right, touch left next to right

ROLLING VINE, STEP, LOCK, STEP

1-2-3 Step left ¼ turn left, turning ½ turn left step back right, turning ¼ turn left step left to left
4-5-6 Step right forward, step left behind right, step right forward

STEP, PIVOT TURN, STEP, SIDE, ROCK, BEHIND

1-2-3 Step left forward, pivot turn ½ turn right, step left forward
4-5-6 Step right to right, rock onto left, step right behind left

SIDE, ROCK, BEHIND, TURN, TURN, STEP

1-2-3 Step left to left, rock onto right, step left behind right
4-5-6 Step right ¼ turn right, turning ¼ turn right step left to left, step on right

STEP, SCUFF, SWING, BEHIND, SIDE, CROSS

1-2-3 Step left 45 degrees right, scuff right forward, swing right behind left
4-5-6 Step right behind left (face front), step left to left, step right over left

STEP, TOUCH, HOLD, WALTZ BACK

1-2-3 Step left 45 degrees left, touch right next to left, hold
4-5-6 Waltz back: right-left-right (face front)

CROSS WALTZ, CROSS, TURN, TURN

1-2-3 Step left over right, step right to right, step left to left
4-5-6 Step right over left, turn ¼ turn right and step back left, turn ¼ turn right and step right to right

REPEAT

TAG

When music slows on 4th wall, at the end of counts 10, 11 & 12 (step, drag, touch), hold for count of 3 and then continue dance

FINISH DANCE

After count 27, turn ½ turn left on balls of both heels, drop feet