

Friends

拍数: 24 墙数: 4 级数: Beginner waltz
编舞者: Lorraine Deering (AUS)
音乐: You're the Best Friend - Isla Grant



WALTZ FORWARD, WALTZ BACK

1-2-3 Turn ¼ turn left step left forward, step right together, left together
4-5-6 Step right back, step left together, step right together

TWINKLE RIGHT, TWINKLE LEFT

1-2-3 Step left across right, step right together, step left together
4-5-6 Step right across left, step left together, step right together

FORWARD LIFT, BACK AND TOUCH

1-2-3 Step forward on left, lift right forward, hold
4-5-6 Step back on right, touch left together, hold

BACK LIFT, BACK AND TOUCH

1-2-3 Step left back, lift right leg forward, hold
4-5-6 Step right back, touch left together, hold

REPEAT
