

Friends (P)

拍数: 48 墙数: 0 级数: Partner
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音乐: Friends - Daniel Langlois



Position: Right open promenade (Man on lady's left holding inside hands.)

STEP (5X), SCUFF, CROSS TOUCH (2X)

Man release lady's right hand

1-5 **MAN:** Step forward left, right, left, right, left complete turn left (facing LOD)
 LADY: Step forward right, left, right, left, right complete turn right (facing LOD)

Man retakes lady's right hand

6 **MAN:** Scuff right forward
 LADY: Scuff left forward
7-8 **MAN:** Cross touch right in front of left (2x)
 LADY: Cross touch left in front of right (2x)

VINE/TOUCH, VINE/SCUFF

Man releases lady's left hand and passes behind her

1-4 **MAN:** Vine complete turn to right, touch left beside right
 LADY: Vine complete turn to left, touch right beside left

Man touches lady's right hand. Man passes behind woman

5-8 **MAN:** Vine complete turn to left, scuff right next to left
 LADY: Vine complete turn to right, scuff left next to right

Man retakes lady's left hand

SHUFFLE (4X)

1&2 **MAN:** Shuffle forward right
 LADY: Shuffle forward left
3&4 **MAN:** Shuffle forward left
 LADY: Shuffle forward right
5&6 **MAN:** Shuffle forward right
 LADY: Shuffle forward left
7&8 **MAN:** Shuffle forward left
 LADY: Shuffle forward right

MAN: STEPS(4X) IN PLACE, WOMAN: STEPS(4X) 1 COMPLETE TURN, STEPS (3X) ¾ TURN, TOUCH

Do not release inside hands during next movement

1-4 **MAN:** Step right, left, right, left in place
 LADY: Step left, right, left, right complete turn left finishing in front of man

Man lifts lady's left arm to shoulder height. Lady lifts her right hand towards left shoulder retaking man's left hand in her right hand. Lady now has her arms crossed left arm over right arm. Man now has lady's both hands at shoulder level.

During next movement do not release hands. Man passes under his right arm

5-7 **MAN:** Step right, left, right, ¾ turn right
 LADY: Step left, right, left, ¾ turn left

8 **MAN:** Touch left beside right
 LADY: Touch right next to left

Man finishes facing ILOD lady facing OLOD. The couple is now facing each other.

VINE /TOUCH, STEPS (3X), TOUCH

1-4 **MAN:** Vine left, touch right beside left

LADY: Vine right, touch left beside right

During next movement couple turns one around the other. Man's left hand at shoulder height and right hand close to lady's hip.

5-7 **MAN:** Step right, left, right, $\frac{1}{4}$ turn right

LADY: Step left, right, left, $\frac{1}{4}$ turn right

8 **MAN:** Touch left beside right

LADY: Touch right beside left

Man is now facing LOD lady facing RLOD

STEPS (3X), TOUCH, STEPS (3X), TOUCH

Man releases lady's right hand, lady passes under mans right arm

1-3 **MAN:** Step forward left, right, left

LADY: Step back right, left, right 1 $\frac{1}{4}$ turn right

Finish facing ILOD

4 **MAN:** Touch right beside left

LADY: Touch left beside right

5-7 **MAN:** Step back right, left, right

LADY: Side step left, right, left $\frac{3}{4}$ turn left

Finish facing LOD

8 **MAN:** Touch left beside right

LADY: Touch right beside left

REPEAT
