

Friends

拍数: 133 墙数: 1 级数: Intermediate
编舞者: Louise Hodson (USA)
音乐: Friends In Low Places - Garth Brooks



Start on the word "blame"

STEP TOUCH, SWAY HIPS

1-4 Step right touch left, step left touch right, step right touch left, step left touch right

STEP DRAG RIGHT, LEFT, RIGHT, LEFT

5-6 Step right, drag left to right and touch
7-8 Step left, drag right to left and touch
9-10 Step right back, drag left to right and touch
11-12 Step forward left, touch right

STEPS FORWARD, FORWARD, BACK, BACK, BACK, FORWARD

13-16 Step forward right, forward left, back right, hold
17-20 Step back left, back right, forward left, hold

BASIC RIGHT AND LEFT

21-24 Side right, close left to right, step right, touch left
25-28 Repeat to the left

SAILOR STEP

29&30 Right behind left, step left, step right
31&32 Left behind right, step right, step left
33-36 Repeat 29-32

VINE RIGHT, ROLL KNEES IN CIRCLE (BEND) HOLD

37-40 Side right, left behind right, step right, step left
41-44 Bend & roll knees, hold

VINE LEFT, ROLL KNEES IN CIRCLE (BEND) HOLD

45-48 Side left, right behind left, step left, step right
49-52 Bend & roll knees, hold

STRUT FORWARD RIGHT, LEFT, RIGHT, LEFT

53-54 Right forward touch left, left forward touch right
55-56 Right forward touch left, left forward touch right

TOE DROP HEEL GOING BACK

57-58 Right toe, drop heel, left toe, drop heel
59-60 Right toe, drop heel, left toe, drop heel

SATIN SHEETS

61-64 Side right, drag left to right, repeat
65-68 Cross right over left, step left, repeat
69-72 Side right, drag left to right, repeat
73-76 Cross right over left, step left, repeat
77&78& Rock back on right, turn ¼ left recover left, side right, left behind right
79&80& Step right, step left, step right slightly in front of left, step left

81-84& Repeat 77-80&

85-108 Repeat 61-84& to original front wall

109-118 Repeat steps 37-52

119-126 Repeat steps 37-40

STRUT TURNING RIGHT TO HEAD OF HALL WITH 3 STRUTS POINT TOE

127-133 Strut turning right to head of hall with 3 struts point toe

REPEAT
