

Friday Night Boogie

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Levi J. Hubbard (USA)
音乐: Just Got Paid - *NSYNC



KICK, KICK, SAILOR STEP (RIGHT, LEFT)

1-2 Kick right forward, kick right out to right side
3&4 Cross step right behind left, step left slightly to the side, step right slightly to the side
5-6 Kick left forward, kick left out to left side
7&8 Cross step left behind right, step right slightly to the side, step left slightly to the side

DIAGONAL JUMPS, SYNCOPATED JUMPS BACKWARD

9 Jump diagonally forward to the right with right & touch left next to right
10 Hold for 1 count
11 Jump diagonally backward to the left with left & touch right next to left
11 Hold for 1 count
&13 Jump right slightly backward, touch left next to right
&14 Jump left slightly backward, touch right next to left
&15 Jump right slightly backward, touch left next to right
&16 Jump left slightly backward, touch right next to left

CROSS STEPS (RIGHT, LEFT)

17-18 Step right to side, step left behind right
&19 Step right to side, cross left over right
&20 Step right to side, touch left heel forward
21-22 Step left to side, step right behind left
&23 Step left to side, cross right over left
&24 Step left to side, touch right next to left

SHUFFLE FORWARD, TOE TOUCHES, ¼ TURN LEFT, TOE TOUCH, STEP

25&26 Step right forward, step left together, step right forward
27&28 Step left forward, step right together, step left forward
29& Touch right toe out to side, quickly step back in place
30& Touch left toe out to side, quickly step back in place
31& Turning ¼ turn (by pivoting on ball of left) touch right toe to side
32 Hop slightly forward feet shoulder length apart

HIP BOOGIES, HOP AND WIGGLE

33-36 Wiggle or bump hips for 4 counts
37 Hop forward landing on right then left
38-40 Wiggle or bump hips for 3 counts

HOP AND WIGGLES (FORWARD, FORWARD, BACKWARD)

41 Hop forward landing on left then right
42-44 Wiggle or bump hips for 3 counts
& Hop forward landing on right then left
45-46 Wiggle or bump hips for 2 counts
& Hop backward landing on left the right (keeping weight on left)
47-48 Wiggle or bump hips for 2 counts

REPEAT

Option for the first 8 counts:

KICK FORWARD, SIDE KICKS, CROSS STEP BEHIND, STEP & CROSS STEP

- 1 Right - kick forward
 - 2 Right - kick out to side
 - 3 Right - cross step behind left foot
 - & Left - step to side
 - 4 Right - cross step in front of left foot
 - 5 Left - kick forward
 - 6 Left - kick forward
 - 7 Left - cross step behind right foot
 - & Right - step to side
 - 8 Left - cross step in front of right foot
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