

# Go West

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Mark Simpkin (AUS)  
音乐: Go West Young Man - Orral & Wright



## **BALL STEP, SHUFFLE, ROCK FORWARD, REPLACE, COASTER STEP, STEP FORWARD**

&1            Step back on ball of right, step left forward  
2&3          Shuffle forward right, left, right  
4-5          Rock forward on left, replace weight back on right  
6&7          Step left back, step right beside left, step left forward (coaster step)  
8            Step right forward in front of left foot

## **TWIST TWIST, SAILOR STEP, BEHIND SIDE, CROSS, SIDE, CROSS, STEP BACK**

1-2          Twist both heels to right making  $\frac{1}{4}$  turn left, twist both heels left  
3&4          Step right behind left, step left to left side, step right to right side (sailor step)  
5&6          Step left behind right, step right to right side, step left across right  
&7-8        Step right to right side, step left across right, step back onto right

## **TOE STRUT, BACK $\frac{1}{2}$ PIVOT, KICK BALL CHANGE, FORWARD $\frac{1}{2}$ PIVOT**

1-2          Step ball of left back, drop left heel taking weight to left  
3-4          Touch ball of right back, pivot  $\frac{1}{2}$  turn right taking weight to right foot  
5&6          Kick left forward, step in place left, right (kick ball change)  
7-8          Step left forward, pivot  $\frac{1}{2}$  turn right taking weight to right

## **LOCK SHUFFLES FORWARD, OUT OUT IN IN TWICE**

1&2          Lock shuffle forward left, right, left to left diagonal  
3&4          Lock shuffle forward right, left, right to right diagonal  
&5&6        Step left to left side, step right to right side, step left to center, step right to center (moving slightly forward)  
&7&8        Step left to left side, step right to right side, step left to center, step right to center (moving slightly forward)

## **$\frac{1}{4}$ TURN, $\frac{1}{4}$ TURN, SAILOR STEP $\frac{1}{4}$ TURN, KICK STEP, BALL STEP, KICK BALL STEP**

1-2          Turn  $\frac{1}{4}$  turn left & step left forward, turn  $\frac{1}{4}$  turn left & step right to right side  
3&4          Step left behind right, step right to right side, turn  $\frac{1}{4}$  turn left & step left forward (turning sailor step)  
5-6          Kick right forward, step right back  
&7          Step ball of left back, step right forward  
8&1        Kick left forward, step left beside right, step right forward (kick ball step)

## **STEP $\frac{1}{2}$ PIVOT, $\frac{1}{2}$ TURNING SHUFFLE, COASTER STEP, STEP FORWARD**

2-3          Step left forward, pivot  $\frac{1}{2}$  turn right taking weight to right  
4&5          Shuffle forward left, right, left turning  $\frac{1}{2}$  turn right  
6&7          Step right back, step left beside right, step right forward (coaster step)  
8            Step left forward

## **HEEL BALL CROSS TWICE, ROCK SIDE, REPLACE, COASTER STEP**

1&2          Touch right heel at 45 degrees right, step back on ball of right, step left across right  
3&4          Touch right heel at 45 degrees right, step back on ball of right, step left across right  
5-6          Rock right to right side, replace weight to left  
7&8          Step back on right, step left beside right, step right forward (coaster step)

**SHUFFLE FORWARD LEFT & RIGHT, STEP LEFT FORWARD, HEELS TAPS X 3 WITH ½ TURN RIGHT**

- 1&2 Shuffle forward left, right, left
- 3&4 Shuffle forward right, left, right
- 5 Step left forward
- 6-8 Tap both heels in place 3 times while making ½ turn right keeping weight back on left

**REPEAT**

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**After the second wall**

- &1-2 Step ball of right back, step left forward, step right beside left
- &3&4 Step left to left side, step right to right side, step left to center, step right across left
- 5 Unwind ½ turn left taking weight to right
- 6&7 Step left back, step right beside left, step left forward
- 8 Pivot ½ turn right keeping weight on left foot

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**After the 5th wall**

- &1 Step back on ball of right, step left forward
  - 2-4 Tap both heels in place 3 times while making ½ turn right keeping weight back on left
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