

Go On

拍数: 48 墙数: 2 级数: Intermediate
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音乐: Go On - Delbert McClinton



POINT, TOGETHER, STEP, SLIDE TOGETHER-POINT, TOUCH, STEP SLIDE TOGETHER

1-2 Point right side, touch right next to left
3-4 Step right side, slide left together with right
5-6 Point left side, touch left next to right
7-8 Step left side, slide right together with left

POINT, TOUCH, STEP, SLIDE TOGETHER-POINT, TOUCH, STEP, SLIDE TOGETHER

9-10 Point right side, touch right next to left
11-12 Step right side, slide left together with right
13-14 Point left side, touch left next to right
15-16 Step left side, slide right together with left

KICK, KICK, TRIPLE STEP, KICK, KICK, TRIPLE STEP WITH ¼ TURN LEFT

17-18 Kick right foot forward, kick right foot out to right side
19&20 Hook step right foot behind left foot, step left foot to left side, step right foot next to left foot
21-22 Kick left foot forward, kick left foot out to left side
23&24 Hook-step left foot behind right foot (with ¼ turn left), step right foot to right side, step left foot next to right foot

STEP, BEHIND, STEP, TOUCH-STEP, BEHIND, STEP, TOUCH "GO ON"

25 Right step forward (use a little attitude)
26 Left step behind right foot (moving forward)
27-28 Right step forward, left touch next to right (clap)
29 Left step forward (use a little attitude)
30 Right step behind left foot (still moving forward)
31-32 Left step forward, right touch next to left (clap)

MONTEREY (WITH ¾ SPIRAL TURN RIGHT)

33 Point right toe to right side (have a little weight on right for balance)
34 ¾ turn right (spiral turn -- make sure weight is on ball of left foot)
35 Pause (should be in a cross feet position, weight on left, right cross left)
36 Pause

STEP, BEHIND, STEP, TOUCH "GO ON"

37-38 Right step forward, left step behind right foot
39-40 Right step forward, left touch next to right (clap)

STEP, BEHIND, STEP, TOGETHER "GO ON"

41-42 Left step forward, right step behind left foot
43-44 Left step forward, right together next to left (clap)

KNEES, KNEES, ROUND AND ROUND

With attitude. Keep knees and feet close together.

45 Bend knees forward and to the right at a 45 degree angle
& Return knees back to center
46 Bend knees forward and to the left at a 45 degree angle
& Return knees back to center

47 Circle knees 1 full circle to the left
48 Circle knees 1 full circle to the left

REPEAT
