Go Lay By Your Dish



拍数: 0 墙数: 2 级数: Intermediate

编舞者: Jodi Wittman (USA)

音乐: Dumas Walker - The Kentucky Headhunters



Sequence: AB AC AB AA CA BA

Dance is done on the side walls not the front & back. Start at 3:00 wall

PART A: 48 COUNTS

LEFT POINTS, LEFT SAILOR WITH 1/4 TURN LEFT

1-2 Point left toe forward, point left toe to left side

3&4 Step left behind right, turning ½ to left step on right, step left next to right

RIGHT POINTS, RIGHT COASTER

5-6 Point right toe forward, point right toe to right side7&8 Step back on right, step together left, step forward right

LEFT STEP LOCK FORWARD, LEFT SHUFFLE FORWARD

9-10 Step forward left, step right behind & next to left11&12 Step left forward, step right together, step left forward

LEFT MILITARY TURN, RIGHT SHUFFLE FORWARD

13-14 Step forward right, make ½ turn to left & transfer weight to left 15&16 Step forward right, step left together, step forward right

LEFT TOE SWEEP WITH 1/4 TURN RIGHT, LEFT FORWARD SHUFFLE

17-18 Sweep left toe around, making ¼ turn to right & touch left next to right

19&20 Step left forward, step right together, step left forward

STEP FORWARD RIGHT, TURN ¼ LEFT, MAKE 3 HEEL BOUNCES WITH ¼ TURN LEFT (½ TURN)

21-22 Step forward right, make ¼ turn to left

23&24 Keeping feet where they are, bounce on heels three times as make 1/4 turn to left

ABOUT FACE, RIGHT SHUFFLE FORWARD

25-26 Place left toe behind right, make ½ turn to left & step on left 27&28 Step right forward, step left together, step right forward

STEP FORWARD LEFT, TURN ¼ RIGHT, MAKE 3 HEEL BOUNCES WITH ¼ TURN RIGHT (½ TURN)

29-30 Step forward left, make ¼ turn to right

31&32 Keeping feet where they are, bounce on heels three times as make \(\frac{1}{4} \) turn to right

ABOUT FACE, LEFT SHUFFLE FORWARD

33-34 Place right toe behind left, make ½ turn to right & step on right

35&36 Step left forward, step right together, step left forward

RIGHT POINTS. RIGHT SAILOR WITH 1/4 TURN RIGHT

37-38 Point right toe forward, point right toe to right side

39&40 Step right behind left, turning ½ to right step on left, step right next to left

LEFT POINTS, LEFT COASTER

41-44 Point left toe forward, point left toe to left side

43&44 Step back on left, step together right, step forward left

RIGHT TOE SWEEP WITH ¾ TURN RIGHT, TRIPLE IN PLACE

45-48 Point right toe forward, make ¾ sweep to right & touch on right 47&48 Step right next to left, step on left together, step right next to left

PART B: 8 COUNTS

8 count break after chorus which ends "bring it on out to my baby and me"

Touch left toe to left side, step together
Touch right toe to right side, step together
Touch left toe to left side, step together
Touch right toe to right side, step together

PART C: 4 COUNTS

4 count break between verses

1-2 Touch left toe to left side, step together3-4 Touch right toe to right side, step together